

To BapDada's sweet, loving, powerful instruments around the globe, our sweet Brothers and Sisters,

Please accept hearty Godly love and sweet remembrances from Madhuban. Your sweet, unlimited home and family send you many, many pure and loving wishes.

As you may be well aware, the Annual Service Meeting is under session in Shantivan at present (began on 9th April up to 15th April). All Baba's senior-most children, Dadis, Dadas, Zonal-incharges, and other main instruments for service in India (around 1000) are participating with complete enthusiasm. Everyone has been much inspired to fulfill Baba's hopes for revelation this year, and are planning unlimited service projects.

Dadi Janki has been giving such love, sustenance and spiritual power, that everyone feels Dadi should not leave Madhuban whilst the meeting is on. As Dadi's presence in the meeting is very valuable and crucial, her departure to London has been postponed for some days. After the Annual Meeting, Dadi Janki will leave for the Om Shanti Retreat Centre, near Delhi, as Baba's home will be honoured by the visit of the Prime Minister of India, His Excellency Dr. APJ Abdul Kalam (prominent scientist of India), on 19th April. Dadi's presence for the success of this occasion will be essential.

All else is fine in Baba's home, Madhuban. Self-progress and service are the only two matters on the minds of Baba's children and Baba continues to shower everyone with many blessings of success.

With all Baba's love,

Dadi Prakashmani and Br Nirwair

Letter from Dadi Janki

17th April 2003

Dear Jewels of the Brahmin clan,

Om shanti. Greetings of love from Madhuban,

The meeting of teachers has concluded successfully with beautiful plans for service and most importantly, self-service. Each one has left motivated with the pure desire to give Baba the return of the love and sustenance that each one has received.

A major topic for deep reflection has been the qualifications for being part of the rosary of 108. Some thoughts for this are being sent to you also.

Dadi Gulzar is now back in Delhi. Dadiji, Nirwairbhai and myself will also all be there for the programme on the 19th April with the President of India. We will return briefly to Madhuban after this and then travel to Chennai for a major programme planned for 100,000 people on 27th April 2003.

From Chennai, Dadi Gulzar will go to Sri Lanka to represent the Brahma Kumaris at the World Hindu Conference as one of the main Religious Leaders. I myself will return to London on 29th April. Dadi Gulzar is likely to visit UK and USA in the month of June.

May you continue to receive avyakt sustenance from the Mother and Father and fly forward.

In sweetest Baba's yaad,

BK Janki

Dadi Janki, Shantivan

Main dharna points for coming into the rosary of 108

14/04/2003

1. Do not give any cause for worry to the Mother and Father or seniors. Remain so light that anyone can draw your attention to any matter at any time. Let them have full rights over me.
2. Let there be full attention to the study. Draw the attention of others and inspire them to have an interest (taste) for study.
3. Inculcate sweetness and move ahead in harmony with others. Remain humble. Let there be this special dharna.
4. Let there be great regard for each other. Do not be miserly in giving regard to each other. Only those who know how to give regard to all can become a bead of the rosary.
5. Look at your own self: What do I have to do? Only think about this. Let there be no thoughts such as, "This one should not do this, this one should not behave in that way." Such thoughts remove you from the rosary.
6. Just as God has told all of us our specialities and made us worthy, in the same way, we should also see the specialities of everyone. If you see anyone's shortcomings and think about them, then you will come out of the rosary.
7. By wearing (imbibing) the rosary of each one's virtues, you will become a garland around God's neck. See each one's virtues. Pick up those virtues. Do not come under the influence of anyone. Do not have any aversion for anyone.

8. Be equal in the face of defamation and praise, regard and disregard, happiness and sorrow. Just as Baba considered those who defamed him to be his friends and embraced them, in the same way, to remain in equanimity gives you the right to enter the rosary. If you are influenced by someone's praise of you or you have dislike for someone who defames you and you think of that one as your enemy, you will come out of the rosary.
9. While living together with everyone, remain detached like a lotus. Do not avoid anyone, but like a rose, continue to spread fragrance.
10. Let there not be even the slightest trace of any sanskars of vice from the many past lives. To have any desire is wrong. If any desire is unfulfilled, you will get angry. This will not allow you to sing God's praise.
11. Your behaviour and face should reveal how fortunate you are. Let there not be the slightest discontentment. Discontentment creates anger. Whatever is in your mind is visible on your face and in your behaviour. Your face should give a vision of your fortune.
12. Always remain intoxicated with your own self. Never complain about anyone. Do not waste your time in any matter. Internally, keep the habit of staying in your spirituality.
13. Even in the midst of many types of activities, let your face remain avyakt and peaceful. Do not let any problem change your face. Do not let your face become red or yellow.
14. While on service, remain a trustee and remain bodiless. Let there be no sign of the feeling of "I" or "mine". Let there be no trace of arrogance.
15. Let everything be used in service in a worthwhile way. Nothing should be fruitless. Pay full attention that not a penny goes to waste.
16. The personality of purity and royalty should be visible on your face. Your eyes should not be drawn or pulled to anything. The stage of being ignorant of all desires makes you royal.
17. Let your intellect be clean and pure and have all relationships with Baba. Always continue to follow the Father. Instead of doing everything according to your capacity, if you become full with all powers you can come into the rosary.
18. Do not get deceived nor deceive anyone. Remain faithful and trustworthy.
19. Develop the habit of remaining introverted. Never become extroverted. Introversion can make you a bead of the rosary.
20. Never disrespect any teachings that you receive. If you have the thought, "Why was I given this teaching?", or you try to prove yourself right, you cannot come into the rosary. A teaching can become useful at anytime and therefore, respect it. Merge it in yourself.
21. Never get caught up in the cycle of thinking about others. Always continue to spin the discus of self-realisation. Let there be the practice of being bodiless.
22. Never forget useful things nor remember useless things. Do not worry about the future.
23. Always remain true and honest with God. Be first in changing the self. Admit your mistake and accept it. Let there be no mixture within you.
24. Leave everything aside, break the yoga of your intellect from everyone and connect yourself with one Baba, and you can come into the rosary.
25. Do not expend your inner powers in any situation. Always continue to accumulate the powers of your thoughts and time and you can come into the rosary.

In order to become part of the rosary of victory of 108, inculcate these points and become a garland around Baba's neck.

19th April, 2003

Dear Brothers and Sisters around the globe, the ones who are fulfilling BapDada's hopes and dancing the special dance of unity, loving remembrances from the Trimurti Dadis in Madhuban.

This season we have received very special and powerful signals from BapDada, both for self-progress and for service.

The foundation for the completion of service is for us to become the embodiment of awareness of the special dharna of each murli. To help us achieve this, we have created a special international plan for self-progress.

Every month all the centres will receive a toolkit based on the murlis of the season (each month different regions will be responsible). Please study it carefully and encourage all Baba's children everywhere to practise the activities with love, zeal and enthusiasm so that we can bring a rosary of complete angels in front of BapDada next season.

With loving good wishes for attaining our complete stage,

In Baba's remembrance,

B.K. Janki

International Plan for Self-Progress May – October 2003
to Become the Embodiment of Awareness

Please use these points, questions and commentaries for self reflection, bhattis,
workshops and other creative activities during the month.

Become an idol of soul-conscious love and give co-operation as well as teachings (correction).
(special meeting for Madhuban residents with BapDada) Avyakt BapDada 08/10/02

PLAN FOR MAY 2003

DISCOVERY

Nature and Nurture

“Remember the beginning period of your Brahmin birth. So many souls of different natures belong to the Father. The Father, the Ocean of Love, made all of you belong to Him just with His eternal nature of the form of the Ocean of Love. If He were to look at all the different natures of all of you, would He be able to make you belong to Him? Therefore, ask yourself: What is my *natural nature*? The *natural nature* of Brahmin life is to be a master ocean of love. Since even people of the world say that love can change stone into water, then can those who receive and give soul-conscious love and God’s love not transform different types of *nature*? Are you able to do this or not?”

- What was special to you about your Brahmin birth?
- What one experience brought out your Brahmin nature?
- When you first came to Baba, you would have seen a variety of *sanskars* within the family, what was your vision then? What did you see in others and what was the basis of your exchanges with the Brahmin Family?
- Remember and relate a time when you felt the magic of love at work; when different types of nature were harmonised. What made the experience of diversity still feel like harmony?
- What is the one main characteristic that is universal in the Brahmin family for you?
- How would you define your natural nature?
- Relate an experience of being a master ocean of love, when your practice of being an embodiment of love became a loving relationship and created a spiritual atmosphere.

Drama and Dharma

“*Circumstances* also come. The *circumstances* have to come. They are the *side scenes* of the path of Brahmin life, and *side scenes* are never the same. Some are beautiful and some are even dirty. However, it is a traveller’s duty to pass by them and not to try and change those *side scenes*. So what does BapDada want? *All of you have become clever in knowing this.*”

- What is your experience as a spiritual traveller?
- As a spiritual traveller, what’s been your experience? Which signposts particularly made the journey easier? When you happened to digress into the side-roads, how did you find your way back?
- What is part of your personal kit to deal with unforeseen circumstances during your trip?
- Looking back, maybe there were moments when you forgot that you’re a traveller. What is it that enables you to be a traveller, and enjoy the journey? How do you see yet not see? How do you simply pass by the circumstances instead of becoming engrossed.

- What natural sanskar do you use so that you are free from the feeling of having to change someone or something and hence become caught up in the side scenes?
- What is it that BapDada wants from you at this particular stage in your spiritual journey?

Sculpting the Idol of Soul Consciousness

“Therefore, BapDada wants, at present, a balance to be maintained between *law* and *love*. However, the *law* should be such that there is a balance of *law* and *love*, so that it doesn't feel like just *law*. Let the *love* be experienced in the *law*. You saw the father in the corporeal form; together with *law*, he gave so much *love* that the words that emerged from everyone's lips were: Baba loves me! He is my Baba! Definitely take up the *law*, but together with *law*, also give *love*. Don't just give *law*. Because souls are weak, when there is just *law*, souls become disheartened. When you yourselves become the idols of soul-conscious love, you will be able to give that love to others (soul-conscious love, not the other love). Soul-conscious love means to co-operate in helping to find a solution to every problem. Don't just give teachings. Together with teachings, also give co-operation. This is to become an idol of soul-conscious love. Therefore, today, BapDada is especially underlining for all the Brahmin souls everywhere, in this land and abroad: Become an idol of soul-conscious love, and become the bestowers and deities who quench the thirst of souls for soul-conscious love.”

- What is your natural consciousness in which you experience both love and law as a balance?
- Remember a time when you gave soul conscious love. How did that bring harmony into relationships?
- What consciousness is the basis of giving co-operation? What has been your experience? Tell a story.
- When did you first experience someone who was an idol of soul-conscious love?
- Remember and share a time when you experienced yourself being an idol of soul-conscious love? What effort did you make to make this experience possible?

Tuning the Song of Fortune

“Do all of you consider yourselves to be fortunate? Out of the whole world, who has the greatest fortune of all? What does each of you think? That yours is the greatest fortune of all. Do all of you think this? If you have the fortune of happiness, do you remain happy? Do you always remain happy? It is not that you are only sometimes happy, is it? Since BapDada has made the star of fortune sparkle, do you remain happy seeing the sparkling star? Do bands of happiness constantly play in your heart? Do they? What song does your heart sing? “Wah, my elevated fortune!” Do you sing this song? Your fortune is praised throughout the whole cycle. For half the cycle you experience the reward of the fortune, and for half the cycle many souls continue to sing praise of your fortune. The most special thing is: Out of the whole world, whom did the Father like? He liked you, did He not? There are so many souls, and yet He liked you. What could be greater than being liked by God? So, together with remembering the Father, always also remember your fortune. God (Bhagwan – Bestower of Fortune) and fortune (bhagya). Throughout the whole cycle, would there be any other souls who receive love and remembrance, God's love, every day? You receive love and remembrance every day, do you not? Who are the most loved of all? You are the most loved ones, are you not? When you constantly remember your fortune, all wasteful things will run away. You won't have to chase them away, they will easily run away by themselves.”

- What was the first fortune you experienced?
- How has that flowed through your Brahmin life?
- Describe why that is the greatest fortune and why it unleashes happiness for you?
- When you remember and feel that fortune can you remember how your consciousness sings? Are there specific images or words that are part of this song?

- How have you felt, (either in meditation or when you were in front of Baba) when you feel that the Father particularly liked you?
- Take a moment and remember the fortune you have experienced through each of the ages. How would you describe your fortune through each of the ages?

Timelessness

"Now, according to the present time, understand the importance of the time of the confluence age and continue to make your reward elevated at every *second*. Not a single *second* should go to waste, because every second has a lot of importance. It is not just a second wasted, but a lot of time is wasted and you won't find that time again. You have a very clear introduction of time, do you not? Do you remain aware of it?"

- What practices do you have throughout the day that help you value every moment of the Confluence Age?
- What is the most important aspect of the Confluence Age for you?
- In 6 months time when you look back, what will you have done that will have made you free from waste and master of time? Describe it step by step.

Gifts from God

"All of you are special souls. Simply know your speciality and use it for service. Each one's speciality will become a very fast method for the flying stage. Use it for service, but don't develop arrogance about it, because at the confluence age, according to the drama, every speciality is a gift from God. There wouldn't be any arrogance about a gift from God. For instance, no one would consider prasad to be his or her prasad; it is God's prasad. These specialities are also Prabhu prasad (something received from God). Prasad is not just used for the self, it is distributed. You distribute it. You are great donors. You are open treasure-stores. You are bestowers of blessings."

- When you look into Baba's eyes, what main quality do you experience? Have you accepted this as your own?
- When interacting, which qualities do you naturally use?
- When doing a task, which specialities are essential to you in your task?
- Which gifts did you receive at the time of your Brahmin birth that have been your Prabhu prasad, and sustained you?
- What quality have you admired in Brahma Baba that formed the eternal relationship between you both? Do you accept this speciality as your own?
- Our Brahmin life is a gift from God, how we use it is our gift to Him. What is in your treasure store? Which blessings in particular are you aware of?

Generosity Mood Switch

"Continue to give a drop to souls. There is such a big line of beggars, and you have such an overflowing treasure-store! You have an unending treasure-store. You are not being *economical* in distributing it, are you? Distribute this generously. Be economical when it comes to wasting something, but when it comes to distributing, distribute with an open heart."

"Are all of you happy? It isn't that sometimes you have an *off-mood* and sometimes you are very happy, is it? *Follow the father*. Does BapDada ever have an *off-mood*? Therefore, you are *following the Father*, are you not? Everyone's different moods appear on BapDada's TV. The mood of those who are constant great donors never changes. You are bestowers, so continue to bestow."

- For a moment, feel your mind's unending treasures – now remember moments in your Brahmin life when you've been unexpectedly pulled into that state of donating precious drops of powerful thoughts.

- How do you prevent wastage?
- When we are economical there is a sense of abundance. Can you describe a time when that was inspiring for you and others?
- When you feel the generous and open heart, what mood are you in and what mood do you create for others?
- How would you describe the mood of a constantly great donor?
- Having experienced Baba, which switch of mood has occurred for you?

Dev, Dev, Devta Dev

"You are not those who take, but devta (those who give). How many times have you become deities? You have become that many times, have you not? So, a dev (deity) means one who has the sanskars of giving. No matter what others give, you just continue to give a drop of happiness, a drop of peace, a drop of love. People only have peacelessness and sorrow and so what would they give? They would only give that, would they not? Whereas, what do you have? Happiness and peace."

- Describe the pleasure you experience from giving and sharing?
- Our natural nature of being a deity is immortally ingrained in us. Take a moment and in that silence emerge this for yourself. Can you share the main characteristics you see in yourself?
- What yuktis do you have to be able to give or share in any situation? Can you describe them?
- How do you increase your own happiness, peace and love?

Service

"Know your speciality and use it for service."

"You create your fortune in the name of service because the charity of serving this yagya is very great. You serve through your body anyway, but you also serve through your mind. So that is double charity – serving with the mind and also the body. Whoever comes, they come and see the service that you are doing; they see this atmosphere and go away taking that benefit. Therefore, so much charity and blessings are accumulated for you souls. You are doing such service through your body and mind. Do you do *double-service*?"

"To serve means to accumulate. Whatever time you have available, earn a double income. Receive instant fruit and also fruit for the future. BapDada has special love for servers because BapDada is also the World Server. So you are equal, are you not? Do you keep your mind *busy* or empty? Whilst walking and moving along, your mind should be busy in remembrance and service. Do all of you remain happy? You are not those who are only happy sometimes, are you? You are those who are always happy. Even seeing your happiness, others become happy. Whatever time you have for service, use every second of that in a worthwhile way. It should not be wasted. It should not be ordinary either. Your time should be spent in spiritual intoxication and spiritual attainment. You are keeping such an aim, are you not?"

- What do you do to create a very powerful atmosphere on the field of service?
- What elevated stage is experienced when you have attention on creating a powerful atmosphere?
- What benefit have you seen others take from a powerful atmosphere?
- What is the instant fruit you've enjoyed when having done karma yoga in Baba's house?
- How would you describe the fruit you have accumulated for the future?
- Describe the experience of being a master world server?
- Who inspired you with their happiness to be happy? Can you describe how it touched you to blossom in happiness?

COMMENTARIES

(Direct quotes from BapDada's Murli)

SUGGESTED USE:

Take a commentary for a week, use it every day and see how its experience changes for you.

Commentary:

"Today, BapDada, the Ocean of Love is celebrating a meeting with His children who are master oceans of knowledge. This Godly love is the basis of the children's sustenance...God's love is the basis of Brahmin life...Only you children experience this soul-conscious love...this real, altruistic soul-conscious Godly love. No one apart from you Brahmin souls are able to attain this real love...Do you experience yourself to be merged in God's love and soul-conscious love at every moment?"

Commentary:

"Follow the *father*, follow the *mother*. Remember the beginning period of your Brahmin birth. So many souls of different natures belong to the Father. The Father, the Ocean of Love, made all of you belong to Him just with His eternal nature of the form of the Ocean of Love...Therefore, ask yourself: What is my *natural nature*?...The *natural nature* of Brahmin life is to be a master ocean of love. "

Commentary:

"Do all of you consider yourselves to be fortunate? Out of the whole world, who has the greatest fortune of all? What does each of you think? That yours is the greatest fortune of all. If you have the fortune of happiness, do you remain happy? Do you always remain happy? Since BapDada has made the star of fortune sparkle, do you remain happy seeing the sparkling star? Do bands of happiness constantly play in your heart? What song does your heart sing? "Wah, my elevated fortune!" Your fortune is praised throughout the whole cycle. For half the cycle you experience the reward of the fortune, and for half the cycle many souls continue to sing praise of your fortune. The most special thing is: Out of the whole world, whom did the Father like? He liked you, did He not? What could be greater than being liked by God? So, together with remembering the Father, always also remember your fortune."

Commentary:

"Follow the *father*...You are bestowers, so continue to bestow. To be a deity means to be one who gives... How many times have you become deities? You have become a deity many times, have you not? A deity means one who has the sanskars of giving...Continue to give a drop of happiness, a drop of peace, a drop of love."

EXTRA COMMENTARY TOOLS:

End of Murli Commentary to help you maintain the intoxication of the murli throughout the day:

- "Throughout the whole cycle, would there be any other souls who receive love and remembrance, God's love, every day? You receive love and remembrance every day, do you not? Who are the most loved of all? You are the most loved ones, are you not? Baba loves me! He is my Baba!"

Commentary for Refocusing when those 'little' challenges come:

- *Circumstances* also come. The *circumstances* have to come. They are the *side scenes* of the path of Brahmin life, and *side scenes* are never the same. Some are beautiful and some are even dirty. However, it is a traveller's duty to pass by them and not to try and change those *side scenes*.

CONSCIOUSNESS ON AWAKENING

"I am an idol of soul conscious love"

RELATIONSHIPS WITH BABA

Monday	Ocean of Love
Tuesday	Bestower of Fortune
Wednesday	The Innocent Lord
Thursday	The Open Treasure-Store
Friday	World Server

SELF-RESPECT BLESSINGS

To be able to crystallise and become an idol of soul conscious love, take a blessing each day and allow it to resonate 108 times. Then you will become a bead of the rosary of victory.

- I am the master ocean of knowledge
- I am merged in God's love
- I am a bestower of love
- I am a deity of love
- I am a Brahmin
- Baba loves me! He is my Baba
- I am an idol of soul-conscious love
- Out of the whole world, I have the greatest fortune of all
- I have the fortune of happiness
- Out of the whole world the Father likes me
- I receive God's love every day
- I receive God's remembrance every day
- I am the most loved one
- I am a special soul
- I am a great donor
- I am a bestower of blessings
- I am a deity
- Out of all the souls of the world, I am an elevated soul

YOGA CONSCIOUSNESS TO BUILD INTOXICATION

Type out these points onto separate cards and keep them in a box. Each day randomly choose one and watch the mercury of your intoxication rise!

- Go into the experience of soul-conscious love, real, altruistic soul-conscious Godly love
- Become an idol of soul-conscious love
- Experience yourself to be merged in God's love and soul-conscious love
- Realise and think about your fortune. Out of the whole world, you have greatest fortune of all "Wah, my elevated fortune!" Your fortune is praised throughout the whole cycle. For half the cycle you experience the reward of the fortune, and for half the cycle many souls continue to sing praise of your fortune.
- Do you experience that out of the whole world the Father likes you? What could be greater than being liked by God?
- Together with remembering the Father, always also remember your fortune. Throughout the whole cycle, would there be any other souls who receive love and remembrance, God's love and remembrance every day?
- Who are the most loved of all? You are the most loved ones, are you not? When you constantly remember your fortune, all wasteful things will run away. You won't have to chase them away, they will easily run away by themselves.
- Practise being a world server like BapDada. You are equal, are you not?
- Remember your fortune, and remember who you now belong to.

FINALLY

Each week write a letter to Baba, sharing what you have achieved and experienced through living this murli.

**PROGRAMME FOR AUSTRALIAN RETREAT CENTRES
APRIL – JUNE 2003**

This list is a summary of the retreats running during April, May and June. For more information please email the retreat centres directly or visit our website www.brahmakumaris.com.au

Brahma Kumaris Centre for Spiritual Learning, Frankston, Melbourne

Email: baxter@brahmakumaris.com.au

4-6 April

MY CREATIVE SELF

Learn the art of living creatively to experience the connection between spirituality and creativity in all areas of life.

11-13 April

Retreat for BK students from Fitzroy and McKinnon Centres, for spiritual study and sustenance.

18-21 April

Karma Yoga for Victoria BKs including a picnic.

25-27 April

Madhuban in Oz – a retreat for BKs.

4 May

INNER PEACE INNER POWER PART TWO

A continuation of the Raja Yoga Course, Inner Peace Inner Power is for those who have completed the beginners course.

10 May

LANGUAGE OF THE HEART

A program to learn to look within, talk with the self in a way that brings deep understanding of others and nature.

11 May

OPEN DAY

A day for everyone to see what happens at the Retreat Centre with talks, sample meditations and virtuescopes.

15-18 May

LIVING VALUES EDUCATION PROGRAM

Training for school teachers and educators in the Living Values Education Program. There will be streams for both newcomers and previously trained teachers who are already using the material in their schools.

23-25 May

HARNESSING THE CELTIC SPIRIT

Experiential program for people of Celtic origin to explore and harness the power to face challenges of life with renewed faith and courage.

30 May-1 June

CALM AND CREATIVE

A program for women to make your life calm and creative using Raja Yoga meditation and innovative group work.

7 June

INNER PEACE INNER POWER PART ONE

Part I of the Raja Yoga meditation course.

8 June

ASSERTIVENESS AND SPIRITUAL LOVE

Tap into your inner powers of peace, self worth and understanding to better practise assertiveness in your relationships.

13-15 June

BK students of the Geelong Centre – a weekend for deepening study and yoga.

20-22 June

RETREAT FOR MEN

Find out how meditation promotes self-discovery, enriches feelings of well-being to enhance all aspects of life in a spiritual way.

27-29 June

MASKS AND THE MIRROR

How many masks....how many images do we exist behind? The aim of this retreat is to look beyond the mask into the mirror of our hearts is to see the true self in all its power and uniqueness.

4-6 April

MEN'S RETREAT

Find out how meditation promotes self discovery, discuss men's matters and spend time in solitude.

11-13 April

FROM FEAR TO LOVE

This retreat will explore various types of fear, the behaviour manifest due to fear and the meaning and state of love.

26 April

FOOD FOR THE SOUL – FOOD FOR THE BODY

Take-away food for thought! Join us for a spiritual dialogue and a culinary experience.

17 May

MEDITATION, MEDICINE AND MIRACLES

An oncologist and a cancer survivor speak on meditation and the sensitive issues that face us in dying.

17-21 May

DISCOVER THE SPIRIT WITHIN

A 5 day retreat to take you deep within yourself to experience you own true nature.

23-25 May

MEDITATION: KARMA, REINCARNATION AND THE CYCLE OF TIME

Part 2 of the Introduction to Raja Yoga Course

30 May-1 June

NUTRITION FOR THE MIND, BODY AND SOUL

Learn how to use meditation to sustain and maintain a healthy mind and body.

6-8 June

MEDITATION FOR THE FAMILY

Meditation for parents and peace activities for the children.

20-22 June

A retreat for Tamil speaking people.

26-29 June

RAJA YOGA MEDITATION AND PHILOSOPHY

Part 1 and 2 of the Introduction to Raja Yoga Course.

4-6 April

MEDITATION – A PATHWAY TO GOD

As we delve into our eternal nature and pure potential we recognise our divinity and the right to experience a close, loving and empowering relationship with God.

RAJA YOGA MEDITATION AND PHILOSOPHY PART 2

For those who have completed Raja Yoga Meditation and Philosophy Part 1. Topics will include the Tree of Life, the World Cycle and Principles that enhance a Spiritual Lifestyle.

11-13 April

BK Mothers' retreat. A chance for BK mothers to come together to create and to benefit from a powerful Shiv Shakti gathering.

17-21 April

Australian BKs retreat.

25-27 April

RAJA YOGA MEDITATION AND PHILOSOPHY PART 1

A retreat for those who are new to meditation or who practice other types of meditation and would like to add depth to what they already have.

2-4 May

RAJA YOGA MEDITATION AND PHILOSOPHY PART 2 (see 4-6 April)

UN YEAR OF DIALOGUE AMONG CIVILIZATIONS FORUM 2003: CREATING UNIVERSALITY AND CARE FOR HUMANITY A dialogue to create a foundation for mutual understanding which can bring about peace and stability.

9-11 May

THE FIFTH FACE – WOMAN AND GOD

For women who have attended Four Faces of Woman, to explore your personal relationship with God.

THE SEARCH FOR THE PEARL

A weekend for discovering and recovering your creative self and being the artist of your own life.

16-18 May

STRESS FREE LIVING

Learn that with the right perception you can easily turn stress into a new resource of personal learning and power.

23-25 May

Weekend for spiritual sustenance of the Retreat Centre residents. No retreat scheduled.

30 May-1 June

RAJA YOGA MEDITATION AND PHILOSOPHY PART 1 (see 25-27 April)

THE GOLFER'S WAY TO INNER PEACE

Experience how the practice of Raja Yoga meditation can increase your self-awareness and the power of concentration. Receive practical methods to enhance your potential in life and on the golf course.

6-8 June

RAJA YOGA MEDITATION AND PHILOSOPHY PART 2 (see 4-6 April)

13-15 June

SELF MANAGING LEADERSHIP (SML)

A leadership development program in critical leadership principles and practices necessary for steering through turbulent times.

DIVING DEEP

A retreat for new BKs to dive deeper into gyan and yoga and to follow a spiritual routine from the early morning hours till evening. Time for study, meditation, conversations, walks and fun.

20-22 June

PATIENCE TO NURSE – A RETREAT FOR NURSES AND CARERS

Time to feel your own pulse, take time out for the self and learn the art of Raja Yoga meditation.

FROM FEAR TO LOVE

This retreat will explore various types of fear, the behaviour manifest due to fear and the meaning and state of love.

27-29 June

POSITIVE THINKING AND MEDITATION

We are what we think! A weekend to provide an introduction to the workings of the mind.

RAJA YOGA MEDITATION AND PHILOSOPHY PART 1

(see 25-27 April)

Essence: Sweet children, *follow* the mother and father completely and become worthy. On the basis of remembrance and shrimat, you will be able to be seated on the Father's heart-throne.

Question: With which effort can you attain liberation-in-life in a *second*?

Answer: such effort that, at the end, you remember no one except the one Father. For this, keep your intellect detached whilst living in the household with your family. Continue to forget everything and follow shrimat. Don't prick anyone with thorns. *Follow* the mother and father at every step. If you have any weaknesses, tell the eternal *Surgeon* the truth.

Song: The buds of the new age...

Om shanti. Baba explains the meaning of this song to the children. It praises Sita who was born in this land. In fact, *males* and *females* are all Sitas because they are all devotees who perform devotion and remember God. The brides remember the Bridegroom. For what? In order to become flowers. It is said: Live like lotus flowers. You now know that the Father of you souls is God and that you have to receive from Him the inheritance of heaven which is called liberation-in-life. You would surely receive the inheritance of liberation-in-life for the golden age, not for the iron age. When it is said that the new world begins, it means a new play is now beginning. When the world is old the play is also old. This is now the old world. In the new world, there were flowers like Lakshmi and Narayan. You know that you are now becoming flowers from thorns in order to become masters of heaven. Those who use the sword of lust on one another are thorns. You have the faith that the Father of us souls has come once again in order to make us into constantly happy masters of heaven. There shouldn't be any confusion in this faith. The Father has come and also explained to this one (Dada). This one says: I truly didn't know that, at the beginning, in the golden age, I was a righteous soul. A righteous soul is someone who doesn't use the sword of lust. A righteous soul isn't just someone who donates and performs charity. Whatever people do, they receive the fruit of that in their next birth. The donations they give are *indirect*. They donate in the name of God, just as some also donate in the name of Krishna. However, because they consider Krishna to be the God of the Gita, they have created confusion. God says: I only come in Bharat. You children know that your Father has come from the supreme abode. He says to us: Children, the play is now ending. Remember Me. You were Lakshmi and Narayan. In the silver age there are Rama and Sita. The age in which Krishna exists is not a different age. They have said that he exists in the copper age. This will also happen again. The Father sits here and explains to you children the essence of the scriptures. I do not take the Gita in My hands. I am called the Ocean of Knowledge. Devotees also call Me the Truth, the Living Being... People who study many Vedas and scriptures are called an *authority* on the scriptures. When did those Vedas and scriptures begin? On the path of bhakti. This *drama* is eternally predestined. You wouldn't say that the Vedas and scriptures are eternal. If they were eternal, they would be said to exist from the beginning of the golden age. There are no Vedas and scriptures in the golden age. They begin on the path of devotion. It is now in the Father's intellect: I am the Ocean of Knowledge. I alone know this human world. The Father comes and gives His own introduction, how this world cycle turns and how you take 84 births. You know that you play your *part* of sato, rajo and tamo for 84 births. The Father has now come and created this sacrificial fire through Brahma. You have become the children of Shiv Baba through Brahma. Therefore, He is the Grandfather. There, you have an inheritance from a father. For half the cycle you had been wanting the inheritance of liberation and liberation-in-life. You didn't know what God would do when He comes for the devotees. They say: God should come to you whilst you are sitting at home. Therefore, He would come in a big home. Your own home is too small for you. This is the unlimited home. You can't tell when God would come to the devotees. God would surely come for the devotees. Devotees are the children of God. It isn't that God is in all the devotees or that they are all God; no. The Father sits here and explains to you *directly*: I will definitely come. I will come and give you children happiness. When people return from abroad, they bring very *wonderful* gifts. The Father says: I have brought for you the gift of Paradise. You won't receive poison there. You can go to heaven by drinking this nectar of knowledge. Therefore, you will definitely have to renounce poison. I do not take up any of the religious books like

sannyasis etc. do. I show you the way to become the masters of the land of peace and the land of happiness. “O My beloved children!” The Father, the One from the foreign land, is speaking to souls. No one else would say: I am God and I am speaking to you souls. They say: I am God and so are you. Would a father give an inheritance to a father? A father would definitely give an inheritance to the children. Your intellect has become so broad and unlimited. The Father comes and opens the lock on your intellect. You recall the incorporeal world and the subtle region with your intellect. This is the corporeal world. You have now become trikaldarshi. You know the three worlds and the three aspects of time. These are *detailed* matters. In a *nutshell*, there are just the two things: Remember the Father and your inheritance. Everything depends on your *chart* of remembrance. Live at home and interact tactfully. Remember the Father and the inheritance. Keep a *chart* of how long you stayed in remembrance. You definitely receive an inheritance by remembering the Father. Everything the Father tells you is easy. However, some of you should at least make the effort to remember! Maya makes you completely forget. Some daughters in bondage are so good that, even though they are living at home, they stay in yoga much more than some maharathis. They remember Shiv Baba a great deal: Shiv Baba, liberate me from sorrow. They know that they are receiving the kingdom of heaven from Shiv Baba. Even if they leave their body at home whilst remembering Baba, they can receive a very good status. Your boat can go across with the faith, “Mine is One and none other.” They are beaten so much. You would probably never have seen such a spiritual gathering where women are beaten. Would anyone be forbidden to go to a spiritual gathering? There are so many spiritual gatherings. Here, innocent women are assaulted so much. Obstacles are caused. This has continued since the beginning. Akasur, Bakasur (devils) used to take daughters and they were beaten for vice. There must be something in that. Even though good children open *centres*, whilst they are moving along, Maya attacks them too. The Father is also Dharamraj. He says: I am the Death of all Deaths. At Amritsar they have “The Immortal Throne”, but they don’t understand the meaning of that. The Father says: I am the Death of all Deaths. Those demons of death would take one or two with them. The Father says: I will take all souls back home and so you should therefore be happy. Baba, You have come here. People have been doing bhakti for half the cycle but no one can go back home. You now take everyone back home. People say: God is the Death of all Deaths and He kills everyone. However, I don’t kill anyone. I liberate you from your body, make the soul beautiful and take you back. There is nothing to be afraid of in this. Many children are afraid of dying. It is those who don’t have complete yoga who are afraid. We are making preparations to go back home. Baba has come to inspire us to make preparations and to take us back home. So will you not become residents of heaven? They say: So-and-so became a resident of heaven. However, no one goes there. Heaven is in Bharat. That was in the golden age. How could there be heaven in the iron age? They print in the newspapers: So-and-so became a resident of Paradise and they feed that departed soul. There are so many good things in Paradise, so with what would you feed that soul? He has already received salvation, so why do you feed him something from here and make him impure? You children now know that Baba is truly giving you teachings to take you to the land of nirvana. You should go in happiness. You should break your relationships with the old thorns. Everything the Father tells you is easy. Simply remember Me. You should have a lot of happiness in this. The Father says: If you want to know about supersensuous happiness, ask My children about it. You create your reward for 21 births with the effort you make now. If you don’t make it now, it is all finished. The *race* is very important. Everyone should make effort. The Father says: Children, conquer Me. You say: Baba, Mama, BapDada, Pita Shri. This Baba is also studying with that One. Shiv Baba is teaching you. He was a householder and a businessman. You should not think: I came later and so I cannot run ahead. The mother and father say: A worthy child is one who *follows*. This mother and father are also effort-makers. It is the Mother and Father who inspire you to make effort. You are the Mother and Father and we are Your children. Therefore, this one is also that One’s child. This one was a householder and you are also householders. It is very easy. As for the kumaris, it is their great fortune. He quickly saves them. You mustn’t climb the ladder of the 5 vices. There is the example of Bhishampitamai who was celibate from birth. This is Raja Yoga. You know that you are making effort to claim the future kingdom. Mama and Baba also make effort and claim the

highest status of all. They claimed that status in the previous cycle too. Baba says: Beloved children, make effort to become the masters of our throne. You say “Mama, Baba” and so why don’t you make effort? If there is any difficulty, then tell Baba about it: Because of this, I am not able to make so much effort. The Father is the eternal *Surgeon*. If you have any difficulty, then write to Baba or personally come and ask Baba about it. The Father will advise you. The main thing is to remember the Father and the inheritance. This is enough in a *nutshell*. By making effort to attain liberation-in-life in a *second*, remember Baba to such an extent that, at the end, you don’t remember anything else. Continue to forget your household. You say: The destination is very high and you want to become a master of the world. In war, people make so much effort to conquer a limited kingdom. You become the masters of the world of heaven. What more do you want? There is no other Father in the world as sweet as this One. However, you have forgotten the name, form, time and place of this Father. Truly, Shiva is the Father of us souls, the Creator of heaven, and so He would definitely give us the inheritance of heaven, would He not? You have forgotten this. The arrow can hit anyone in a *second*. He truly is the unlimited Father and He has come to give us our inheritance. He is the *Creator*. Of what? Of hell? You would never say this. The Father is the One who makes you into the masters of heaven. We quickly go and catch hold of His hand. He has come in an ordinary old body. The Father says: All the children have become senseless, impure worshippers. I come and make them worthy of worship from worshippers. This one was also a worshipper. He used to worship Narayan. In the picture, they have shown Lakshmi massaging his feet. The Father doesn’t tell you to wash His feet and drink that water. The Father says: First is Lakshmi and then Narayan. So I massage the feet of the one who becomes Lakshmi. He says to the old mothers: You have been stumbling around so much for half the cycle. At first bhakti was unadulterated and it has now become adulterated. You have become tired. The Father had the thought: I should go and create a new world. The Father is Janijanahar (Knower of all secrets). He says: These poor ones have done bhakti for half the cycle and they are now completely tired. Death is also very harsh. They will kill each other. The Father is *knowledge-full*. However, He says: I too am tied in bondage. I know that the children are very unhappy. The 5 vices have come and are clinging to them. He now offers you reassurance: Your days of happiness have come. Now follow shrimat and you will become the most elevated of all. The Father is the Highest on High. All the rest are the creation. Brahma, Vishnu and Shankar are not called God. Only the one Father is the *Supreme Soul*. Brahma, Vishnu and Shankar are residents of the subtle region. In the pictures, they have placed a Shivalingam in front of the images of Brahma, Vishnu and Shankar because they are the children. They don’t know this either. You children have now received divine vision. You should remain very happy that you know the beginning, the middle and the end of the whole world. You are claiming the inheritance of heaven from the Father. Simply remember the Father. Live at home. There is no question of renouncing anything here. The cowshed had to be created at first. How else would all of them have become clever? The Pandavas were told to leave their country (in Mahabharata). So this cowshed was created. You now understand that you are changing from thorns to flowers. Why should we not sit on Baba and Mama’s throne? Baba also says: *Follow* me and claim the throne numberwise. Ask your heart: Do I remember Baba? Always check your chart every night. For how long did I remember the Father throughout the day and early in the morning? Remember the Father and follow shrimat. Don’t prick one another with thorns. Lust and anger are the main ones. Conquer these and all the other smaller vices will cool down. Lust is the greatest enemy. Because of lust there is so much fighting and quarrelling and violence. Some say: Baba, children make us very peaceless. In heaven, no one will trouble anyone. There, even children will not trouble anyone. Therefore, now remember the Father and the happiness of heaven. That’s all. We are now to return home. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Run the race to win the throne of the mother and father. *Follow* them completely.
2. Break your relationships with the old thorns and make firm the faith “Mine is One and none other”.

Blessing: May you be one who loves the yagya and accumulates in your account three types of service: thoughts, words and deeds.

BapDada has an account of all the children’s three types of service. Those who love the yagya always co-operate in serving through their thoughts, words and deeds and through their body, mind and wealth. Each account carries 100% marks. If you have the *duty* of serving through words, your *percentage* of serving through the mind and deeds should be no less. Serving through words is easy, but there is also the question of paying *attention* to your thoughts. And, serving through deeds is not just doing physical service, but to come in connection and relationship within a gathering is also accumulating in the account of serving through deeds.

Slogan: Become masters of yourself and rule yourself, not those who rule their companions.

*** O M S H A N T I ***

Essence: Sweet children, you have to continue to listen to this sweet *knowledge* till the end. For as long as you live, you have to study knowledge and yoga.

Question: For which service are you children instruments with the Father?

Answer: Just as the Father *liberates* the whole world, gives *bliss* to the whole world and establishes *peace* as the *Peace-maker*, in the same way, you children are also instruments for this service together with the Father. You are the *Salvation Army*. You have to *salvage* the sunken boat of Bharat. You have to make everyone prosperous for 21 births. No one, apart from you children, can do such service.

Om shanti. You children know and it is also remembered: *Son shows father and mother*. Since a father creates children, until he creates them, how could he teach them that these are their mother and father. Children learn this and *show* (reveal) their *father*: Our *father* is like this. In the same way, it is then remembered: *Student shows the teacher*. It is only when the *teacher* teaches the *student* that he can *show* the teacher. Such-and-such a *barrister* made me a *barrister*. Until he becomes a *barrister*, how could the *student* show him? In the same way, only when gurus adopt *followers* can it be said: They received this and this from the guru. Those fathers, *teachers* and gurus are separate. Yes, it is possible that some *fathers* also teach their children, but there are many *subjects* there. It wouldn't be that the same *teacher* would teach them all the *subjects*. There would be a different *teacher* for each *subject*. This One is the Father, *Teacher* and Guru. Until He makes the children belong to them, they cannot *show* Him: I am a child of So-and-so, and that they are the masters of His property. First of all, the Father makes you children belong to Him. You children also say: We have made Him belong to us. You children know how the *Father* has to be *shown*. We are God's children in a *practical* way. In fact, each one considers himself or herself to be a child of God. They say: *Oh God, the Father!* When you say *Father* you also remember the *Mother*. It is said: You are the Mother and Father... The *Father* has come and explained to you children: I am your Mother and Father. You also know that this One is the unlimited Mother and Father. That *Father* sits here and teaches you. He tells you the beginning, the middle and the end of the world cycle. He explains to you children and you then explain to others how the world cycle turns. It is remembered: *World history and geography repeat*. However, you only receive this *knowledge* at this time when the old world is to be destroyed and the new world is to be established. The *world* cycle is now coming to an end. The iron age, that is, the old age, is coming to an end and the new world, the new age, is beginning. The *Teacher* is telling you *students* this *knowledge* and you *students* then have to tell others about it. This *Teacher* is also the Father. The *Supreme* Father sits here and explains to you. There was the new world and the new age when it truly was the kingdom of deities. For two ages there was just the one *World Almighty Authority* kingdom. They were the masters of the world. Who? The people of Bharat were the original eternal deities. Although they were the masters of the land of Bharat, they were the masters of the unlimited world. There was no *partition* etc. Bharat alone was the master of the sea, sky, air and earth. It is here that the jayanti or *birth* of the Creator of the world takes place. The Father says: I do not take rebirth. The soul says: I shed a body and take another. I am becoming a pure and charitable soul from a sinful soul. The Father explains to you: You also know that human beings take rebirth. 84 births are the *maximum*. The world doesn't understand this *knowledge*. Only the Father is called the *Knowledge-full* and the *Blissful* one. He gives *bliss* to the whole world. He *liberates* everyone. The Father sits here and explains how He *liberates* the children. I am the *Guide* and also the *Peace-maker*. I establish *peace*. I also establish a *sovereignty*. You children know that at this time Bharat is *insolvent*. So this is the *birthplace* of the unlimited Father, but people don't realise this. The Somnath temple to Shiva is also here. They have placed a Shivalingam there. It has been explained to you children that God doesn't have such a big form. He is like a *Star*. Achcha, when a guru has *followers* and relates the scriptures to them, they then relate those to others. They would say: Our guru has taught us these scriptures etc. They go to Benares etc. to study the scriptures. They earn themselves a *title* etc. from the Vidhoot Mandali. For example, they earn the title "Saraswati" etc. However, Saraswati is the name of Mama because she related unlimited *knowledge*. Those people study the limited scriptures of the path of devotion. You children know that He is your *Supreme*

Guru. He is the *Supreme* Father too. The Almighty Authority Father is needed because Maya is no less. She too is an almighty authority. Maya is present in everyone. The Father is not present in everyone. He is beyond rebirth. The Supreme Father, the Supreme Soul, does not take rebirth. Human beings take rebirth. Nevertheless, to say that God is omnipresent is such defamation! When they defame Me in this way and become impure, I then come. It is not mentioned in the scriptures that the unlimited Father is also the *Teacher* and the Satguru. He is also the One who purifies all the impure ones. The Father says: All those Vedas and scriptures belong to the path of devotion. The path of devotion lasts for half the cycle. The path of knowledge doesn't last for half the cycle. The Father only comes once and explains the knowledge to you. By receiving the knowledge just once, your reward lasts for 21 births. It isn't that this *knowledge*, this gyan, lasts for half the cycle. It is explained to you that this *knowledge* disappears. There, all are those who have received salvation. They don't need knowledge. The Father, the Ocean of Knowledge, comes at this time and gives you children so much knowledge. For as long as you children live, you will continue to listen to the Father's *knowledge*. It is very sweet *knowledge*. You also have to study yoga until the end because there is a great burden of sin of many births on your head. It is not a question of just one birth. Dirt has accumulated on souls for birth after birth and this is why they have come into extreme darkness. By accumulating dirt for birth after birth and by alloy being mixed into souls, they have become impure and tamopradhan. The soul is gilded and the jewellery (body) is also gilded. Souls have reached the state of total decay, especially the people of Bharat and those of all other religions numberwise. So, all of you children have to *show* (reveal) the *Father* and *mother*. They say: You are the Mother and Father and so the *mother* is also needed with the *Father*. People think that Adam is Brahma and Eve is Saraswati. In fact, that is *wrong*. *God, the Father*, is incorporeal and so there must surely be a mother. However, those people say that Jagadamba, the World Mother, is Eve. In fact, this is the main thing. Incorporeal Shiv Baba says through the mouth of this Brahma: You are My children. This Brahma becomes the mother. He is Prajapita Brahma and also the mother. That One is the *Supreme*, the spiritual Father. Then, in the physical form, the daughter of Brahma, Saraswati, is called the mother. There is such a big mela for Jagadamba. There isn't such a big mela for Jagadpita Brahma in Ajmer. There is a big mela for Jagadamba because the influence of the mothers has to be increased. Those people say that a woman's husband is her guru and her god. However, it is not like that. The Father comes and says: I elevate the status of you mothers. Even the *Government* is now placing women at the front. All of that is *violent* whereas this is the *non-violent* incognito Shakti Army. Those people have a non-loving intellect at the time of destruction. This *drama* is predestined. The *drama* has to be kept in your intellect very well. This unlimited *drama repeats*. I will teach you children in the same way after a cycle as I am teaching you now. All are tied in the bondage of the *drama*. The Father Himself says: I too am tied in the bondage of the *drama*. People of Bharat continue to experience a lot of sorrow. It isn't that I will repeatedly incarnate and liberate you. I only come once and make you into the masters of the whole world. I come from the supreme abode at the confluence age of the cycle. You now know the *Director* and the *main Actor* of the *drama*. Those people relate limited things: So-and-so was wealthy. Here, you know "*Who's who*" and who are the wealthiest in the whole world. The wealthiest of all in the entire world are Lakshmi and Narayan of heaven. Who comes and tells you this? The Father. You children know that no one else becomes as wealthy as you will be in the future 21 births. You are doing very great service of Bharat in particular and the world in general. You are the *Salvation Army*. The boat of Bharat has now sunk. This is also the *drama*. It is explained who *salvages* the boat of Bharat. The Shiv Shaktis. All of you are Shiv Shaktis. The Father says: I made you into the masters of heaven. Maya made you impure and I have now come to make you into emperors and empresses. Yours is the family path whereas sannyasis belong to the path of isolation. Their renunciation is limited whereas your renunciation is unlimited. Nowadays, there is a lot of deceit and *corruption* in the world. This is the extreme depths of hell. What are you children with a Godly intellect now becoming? You say that you have become the children of Shiv Baba through Brahma. You will become deities and then you will become warriors, merchants and shudras. Then you will become the children of God. You also became the children of God in the previous cycle. You are receiving your inheritance of heaven from the Father and so

you have to follow shrimat. Those are the Yadavas and Kauravas who have a non-loving intellect at the time of destruction. You are the Pandavas who have a loving intellect at the time of destruction, and you are the ones who are going to be victorious. You are the incognito Shiv Shakti mothers of Bharat. Both gopes (brothers) and gopies (sisters) are included in this. The name of the mothers has to be glorified. The mothers have been harassed a great deal. Draupadi was stripped. She calls out: God, protect me from being stripped. Therefore, the Father comes to protect you. You receive a lot of *property*. You should make a promise: Shiv Baba, sweet Baba, I will definitely claim my inheritance from You. You have to claim your inheritance from Shiv Baba. It is remembered: The ways and means of God are unique. He alone knows, no one else knows. You children now know the ways and means of God. Therefore, you children have to *show* (reveal) that. Only the Father gives you children the inheritance of permanent peace and happiness. Temporary peace is of no use. Since you children say “Mother, Father” you have to *show* the *Father* and *mother*. Who are the *Father* and *mother*? You children sit and explain that these are the mother and Father of the whole *world*. He sits here and gives you your inheritance. You truly did receive your inheritance from the Father. It is now the end of the iron age and so you definitely have to receive it from the Father. *Son shows Father and Father shows son*. The Father says: Simply remember Me and your burden will be removed. You should keep a *chart* of remembrance showing how long you remember the Father. Don’t think that you are the children of Shiv Baba anyway. However, He says: Keep a *chart* of how much you remember Baba whilst you sitting, standing and moving around. The main thing is remembrance. The obstacles are also in yoga. The ancient yoga of Bharat is very well known. That is hatha yoga. Only the Father teaches you Raja Yoga. Those people teach many different types of yoga. Their renunciation is limited whereas your renunciation is unlimited. Whilst living at home with your family, remember the Father to such an extent that you don’t remember anyone else in your final moments. You souls have to remember the one Father for only then will you be able to become conquerors of sinful action. No one else can make you a conqueror of sinful action. Although you receive a reward of devotion for a temporary period, no one can become pure from impure. Devotees beat their heads so much (they make so much effort) and yet no one can return home. The God of all the children is the One. He only comes once. He says: I have come exactly as I did 5000 years ago. I have come once again to meet the long-lost and now-found children. Souls and the Supreme Soul have remained separated for a long time. Which souls have been separated for a long time? They are the ones who have to come first. When destruction of many religions and establishment of the one religion have taken place, you will then belong to the golden-aged, original eternal deity religion. There won’t be any other religion. You children are now the long-lost and now-found beloved children who are spinners of the discus of self-realisation. First you would be called long-lost and now-found and then spinners of the discus of self-realisation. People would say that that is the *title* of the deities, that only the deities have these ornaments. They would even say that all of you have used your own imagination. You know that the *sapling* of the sweet tree is being planted. This *knowledge* also has to be given to those abroad. Who is your *Heavenly God, the Father*? There must surely be a *mother* too. The Father has come to give you your inheritance of peace and happiness. You receive health and wealth in that. Therefore, remember the Father with discipline. People say: *Oh God, the Father!* So then, how can they say that He is omnipresent? That is *wrong*. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to become a conqueror of sinful actions, practise remembering the Father as you walk and move around. Definitely keep your *chart* of remembrance.
2. *Show* (reveal) the Mother and Father and the *Teacher* through your every activity. At the time of destruction, be one who has a loving intellect. Do spiritual service.

06/05/03

Morning Murli Om Shanti BapDada

Madhuban

Blessing: May you be an elevated server and *will* power to everyone with your own *willpower*. At present, many souls are thirsty for your co-operation, for they have no power of their own. You especially have to help them with your own powers and this is why you instrument servers need to have the power of all powers. Just as Father Brahma in his final moments *willed* his powers to the children, and the task is now continuing with that *will, follow the father* in the same way. *Will* your powers to souls and service will be accomplished according to the time.

Slogan: Where there is unity and the power of concentration, success is easily attained.

*** O M S H A N T I ***

Essence: Sweet children, forget whatever you see with your eyes. Forget all bodily beings and practise remembering the bodiless Father.

Question: Why is the mouth of you children sweetened with knowledge and not with bhakti?

Answer: 1. On the path of bhakti, people say that God is omnipresent. By saying that He is omnipresent, there is no longer the idea of the Father and the inheritance and this is why your mouth cannot be sweetened there. You children now say “Baba” with love and so the inheritance is remembered. This is why your mouth is sweetened with knowledge.
2. On the path of bhakti, you have been playing with toys without any introduction and so how could your mouth be sweetened?

Song: Salutations to Shiva...

Om shanti. It can be said: Salutations to Shiva, or even, namaste. One always says “namaste” to one’s seniors. The intellect’s yoga of human beings is not connected to the Purifier Father. There is only One who purifies the impure. It is said to Him: Salutations to Shiva. It also enters your intellect that Shiva is incorporeal. If you have to salute Shankar, you would say, “Salutations to the deity Shankar”. To say “Salutations to Shiva” is separate from saying, “Salutations to the deity Shankar”. They say: Salutations to the deity Brahma. Brahma exists here. Until he becomes a resident of the subtle region he cannot be called a deity. Here, there is Prajapita, the Father of the People. Whilst he is Prajapita and in a human body, he cannot be called a deity. Deities are those who reside in the subtle region or those who reside in the new world. This proves that at this time, whilst he is Prajapita, he cannot be called a deity. You too are called Brahmins at this time. However, you are making effort to have a divine intellect, that is, to become a deity. The praise of the deities is: Full of all virtues... This cannot be the praise of Brahma, Vishnu or Shankar. The praise of all human beings is separate from that of deities. The *President* is the *President* and he has his own *part*, and the *Prime Minister* has his own *part*. Each one would have a different *part* in the *drama*. When you say “Salutations to Shiva” it is only to Shiv Baba that you say it. To say “Salutations to the deity Brahma and salutations to the deity Vishnu” is separate. You would not say this to Shiv Baba. You would say to Him: Supreme Father, Supreme Soul, Shiva, because there is Shiva and saligrams. They show the saligrams as small and Shiva as a large image. Baba has explained that no one can be smaller or larger. He is called the Supreme Father, the Supreme Soul, *God, the Father*. Why do they call Him this? Saligram souls call Shiva, Baba, and so they would surely receive an inheritance from the Father because He is the Creator of heaven. The Supreme Father, the Supreme Soul, must definitely have created the creation of the original eternal deity religion. No one else can create it. By calling that Father omnipresent, all name and trace of the inheritance is lost. They say that *God is omnipresent* and that He is present everywhere. The oath they take in His name is also false. They say: I consider God, the Father, to be present everywhere. However, they don’t know the Father. You children know that God is now present here. Truly He is the *Supreme Soul*. His praise is unique, different from the praise of everyone else. Firstly, He is incorporeal and His name is Shiva. He never has a bodily name. All others have a name of a body. The names of their bodies change birth after birth. However, souls are souls. The names of human beings change. They would say: I am feeding a soul in the name of the departed soul, and so they remember that one. However, the body of that soul has been burnt, and just the soul remains, so they feed the soul. Souls cannot be immune to the effect of action like they say. The Father sits here and explains: When someone sheds his or her body, the body is finished, so whom do they feed? Though they would feed the soul, they still have attachment to that body. Here, Baba says: You mustn’t have attachment to anyone’s body. Become complete destroyers of attachment. You have to remove all consciousness of bodies from your intellect. Whatever you now see with your eyes has to be forgotten. The Father says: Simply remember Me. I do not have a body, and this is why there is *difficulty*. When someone gets engaged, she puts on an engagement ring. He is incorporeal and He doesn’t have an image. The engagement ring that you are given to wear is to remember incorporeal Shiva. This is something new. When someone dies, you understand that he is finished. So whom do they feed when they feed that departed soul? The soul definitely comes. The soul carries sanskars. Who said: This is salty and this is sweet? The soul says: I found this bitter. My ears are

deaf. I have a headache. Who is saying this? People have forgotten this. The Father explains: The soul experiences happiness and sorrow. It is only the Father who is Abhogta (beyond experiencing anything). The Father Himself sits here and gives you knowledge of the soul. To say that a soul is the Supreme Soul is the greatest ignorance. Throughout the whole world they say that God is omnipresent and so what would they receive by remembering Him? Devotees remember Him, but no one knows what you can receive from Him. By calling Him omnipresent, there is no question of meeting Him. By following devilish directions, people have been falling down. Shrimat is of only the one Father. It is Ravan who gives you devilish directions and by following his directions, people continue to cause sorrow for one another. You are now Godly children, those who give happiness to one another. The Father is the Bestower of Happiness to All. People call themselves the “Sarvodaya Leader” (those who have mercy for all), however, God alone is called the Master of All, the Creator. Sarva means those of the whole world. No human being would be called the Bestower of Salvation for the whole world. So the main thing is to remove the idea of omnipresence. Everyone remembers the Father. Devotees want God to come and give them something. The Father definitely did give something. If the Creator creates, He would definitely give something, would He not? Baba gives you the sovereignty of heaven. You mustn't forget that Father. This is the effort. You children are now sensible and wise. Previously you were very senseless. By calling the Father omnipresent, you don't receive anything. First of all the Father proves to you that He is the Supreme Father. The word “supreme” is not used for a physical father. The Supreme Father is the One who resides in the supreme abode, the place beyond. He is the *Supreme*. He alone is the Seed of the human world too. The Father is the Seed. He *adopts* a wife and then creates a creation. Shiv Baba says: I *adopt* this one. That is a physical creation whereas this creation is mouth-born. This Brahma is My wife but he has the costume of a male. I *adopt* him. I give birth to you through the mouth of this one. You are already Shiv Baba's children, but He has given you a new birth through Brahma. You say: You are the Mother and Father. That One is incorporeal. How could He be the Mother? A very subtle intellect is required to understand this. The Father is called the Creator and so how would He *create*? The one who is called Jagadamba, Saraswati, is remembered as the daughter of Brahma, a mouth-born creation. Therefore, should she be called the mother or should this one be called that? In *reality*, this one (sakar Brahma) is the mother but since he has a male body how could he be put in *charge* of the mothers? This is why Jagadamba has become the instrument for that. The Father says: I enter this one and *adopt* him. You then say: We have become the children of God through Brahma. God is our Dada (Grandfather). These things are not mentioned in the scriptures. All of these are toys of bhakti. People's mouths are not sweetened with toys. Here, you have the *temptation* of receiving your inheritance from the Father. By calling Him omnipresent, no one's mouth is sweetened. Everywhere in the world, they have the idea of omnipresence. At this time, My remembrance is only in My children's intellect. So people have then written that I am omnipresent. All human beings remember Me but they don't know Me and so they have created so much difference in the meaning. They have made a rope into a snake. The Father now says: Remember Me and no one else. This does not mean that I am omnipresent. You souls know that you remember Baba. So there is a difference to the meaning of the word “omnipresence”. This too is the destiny of the *drama* and the same thing will happen again. It has to happen. Whatever *act* has taken place now, it was *shot* and it is called the *drama*. This *drama* is eternally predestined and there cannot be any difference in it. According to the *drama*, the pictures etc. have been made through the children. This one himself says: I didn't know anything at all. The Father has now given me divine vision. He is the Bestower of divine vision. He continues to inspire new pictures to be made. Once one has been made, a new *point* is given and so the picture has to be *corrected*. You definitely have to write the word “Prajapita” in front of the word “Brahma”, otherwise people won't understand anything. It is said that the mouth-born creation of Brahma are his children. Therefore, the children of Brahma are Brahmins. You children know that you are the children of Brahma and of Shiva in a *practical* way. The first thing is of the Father and the inheritance. So then your mouth should be sweetened. The Father is the Creator of heaven and so you should definitely receive that inheritance. If someone doesn't claim it, then understand that he doesn't belong to your deity clan. Only those who are to claim a deity status will come

and understand. The main thing is purity. There cannot be Raksha Bandhan (bondage of protection) without remaining pure. You promise the Father: Baba, how can we come to You without remaining pure? You will definitely become elevated by following shrimat. You would not become that in the golden age. You definitely have to become that in the iron age. Only when it is the confluence of the end of the iron age and the beginning of the golden age, that is, only at the confluence age does the Father come and give you children the inheritance of heaven. The name of Bharat is glorified very much. It is Bharat that becomes the land of truth and the land of falsehood. There won't be any other lands in the *golden age*. All other lands are perishable. This is the imperishable land because the eternal Father has come once again. The *activity* of establishment of the religion that has taken place will take place again after a cycle. The Father gives you such an inheritance. He is the *most beloved* Father. Whilst living at home with your family, all of you who belong to the family path definitely have to become pure. The religion of sannyasis, of those who belong to the path of isolation, is separate. In fact, there are many other different religions. They will not go to heaven. Those who belonged to our religion and have been converted to other religions will emerge. You have now received so much knowledge. Your third eye has opened. You are becoming trikaldarshi. Apart from you Brahmins, no human beings are trikaldarshi. Even deities are not trikaldarshi. The Father says: I am giving you the third eye and making you able to see. You children know that your third eye is now opening. Just as the Father has the knowledge of the beginning, the middle and the end of the whole tree, in the same way, we, who are His children, have received the knowledge from Baba. That means we are becoming *master* oceans of knowledge. No one else would be called a *master* ocean of knowledge. However, you cannot be called oceans of knowledge either; you are rivers of knowledge. It isn't that Arjuna shot an arrow and the Ganges emerged, nor does water emerge from a Gaumukh (the mouth of a cow). How could the Ganges come there? There is a vast difference between you with two arms and the Jagadamba they have shown with 4 to 6 arms. You children have to explain a great deal. Some children say that they are unable to remember Baba, that they don't consider themselves to be souls and that they repeatedly forget. How can you receive your inheritance if you don't remember the Father? Baba says: Constantly remember Me alone and your sins will be absolved with that power of yoga. If you don't remember Baba you won't be able to sit on Mama and Baba's throne. Such ones would be called unworthy. Worthy children continue to make a lot of effort to remember the Father constantly. You have to do that till the end. The more you remember the Father, the more you earn. Keep your *chart*. Those who take the initiative are Arjuna. Only such souls are called heirs. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Give one another happiness according to Godly directions. Never cause anyone sorrow. Become a bestower of happiness, the same as the Father.
2. Remove your attachment to these bodies and become a destroyer of attachment. Become a worthy child and make effort to remember the Father constantly.

Blessing: May you be an easy yogi and remain *combined* with the awareness of the promise, "I will stay with You, I will live with You..."

You children have promised that you will stay together, live together and return home together. Keeping this promise in your awareness, remain in the *combined* form of the Father and you and this form will be called the form of an easy yogi. You are not those who have to make effort to have yoga, but those who are constantly *combined*, that is, those who stay with the Father. Only those who remain with the Father are the ones who become constant yogis, always co-operative and who become the angelic form and go into the flying stage.

Slogan: Instead of taking the crooked path of a *question mark*, put a full-stop of benevolence and become a benefactor.

*** O M S H A N T I ***

Essence: Sweet children, in order to make Bharat into heaven, become those who have a loving intellect at the time of destruction and promise to remain pure. This is how you help the Father.

Question: What is the main basis of learning the spiritual *drill* of the power of yoga?

Answer: In order to do this drill, you have to break your intellect's yoga away from everyone else. Break away from everyone else and connect yourself to the one Father. Only when you have true love for the One can you perform this spiritual *drill*. This is the power of yoga with which you claim a kingdom of the world for 21 births.

Song: No one is as unique as the Innocent Lord.

Om shanti. You children heard this song. Whom did it praise? Shiv Baba, the Innocent Lord. The Supreme Father, the Supreme Soul, is called the Innocent Lord, the *Knowledge-full* One and the Purifier. He is called the Supreme Father, the Supreme Soul. A physical father would not be called the Supreme Father. Only the one Supreme Soul is always called the Supreme Father. The soul praises his Supreme Father, the Supreme Soul. The soul says: He is the One who protects the devotees, that is, He is the One who once again gives devotees the fruit of their devotion. What fruit would God give His devotees? God comes and gives the fruit of liberation and salvation. You receive liberation in the land of nirvana. That is called the incorporeal world. The soul is also incorporeal. The incorporeal soul has received this corporeal body. For what? In order to play a *part* on the field of action. Now, whilst playing a *part* on the field of action, Bharat, that was like a diamond, heaven, and the highest, purest land of all, has become impure and worth a shell. The Father explains to you children the secrets of the beginning, the middle and the end of the world. In the beginning, there is the kingdom of deities and then, in the middle, the kingdom of Ravan begins. The deities go onto the path of sin. Bharat was pure and is now impure. This too has to be explained. It is only the one Supreme Father, the Supreme Soul, who purifies this impure world and the devotees remember Him. Devotees are impure. When the Father comes and purifies everyone, no devotee remains. Nor does anyone call out. In the golden age, when it was the kingdom of deities, no one remembered God. Bharat was the land of happiness. It isn't that the land of Islam or the land of Buddhists was heaven. Bharat itself was heaven where the original eternal deities ruled. When it was the kingdom of deities, there wasn't the kingdom of warriors. Who sits and explains all of this? *Knowledge-full God, the Father*. He is the Truth and the Living Being. The soul is also the truth and a living being. This body is non-living and the soul makes it function. In the golden age, there was just the one deity religion and there were very few of them. The tree then continued to grow. The knowledge of the beginning, the middle and the end of the world is not in any of the scriptures. All of that is the paraphernalia of the path of bhakti. They say: Oh Purifier, come! Bapu Gandhiji too wanted the kingdom of Rama. He held the Gita in his hand because it was through the knowledge of the Gita that the Supreme Father, the Supreme Soul, made Bharat into heaven. It was the kingdom of the *World Almighty Authority*. You were the masters of the world and so it must definitely have been the Master of the World who made you that. Shiv Baba says: I did come. You celebrate the birthday of Shiva, do you not? It is a matter of 5000 years. It is written in the Gita, "God speaks". Because the people of Bharat are tamopradhan, they do not know God. God is the Highest on High. He is the Creator of even Brahma, Vishnu and Shankar. Incorporeal Shiv Baba does not have a body of His own. Because Brahma, Vishnu and Shankar have subtle bodies, they are called deities. The Supreme Father, the Supreme Soul, Himself says: I am the Creator. All of these are My children. In the form of souls, all of you are brothers. It isn't that all of you are *fathers*, that the soul is the Supreme Soul as sannyasis say. No. God is the Supreme Soul. The *part* of God in the *drama* is separate. He is the *Creator, Director*, and Karankaravanhar. He inspires establishment of the original eternal deity religion once again through Brahma. He *adopts* the Brahma Kumars and Kumaris. You mouth-born creation are called the *adoption*. You are the mouth-born creation of Brahma. The Supreme Father, the Supreme Soul, came and taught you Brahma Kumars and Kumaris. You are now studying Raja Yoga. It isn't that the soul is the Supreme Soul. All of these 5 to 6 billion souls are *immortal*. This *drama* is very big. No one knows the secrets of the *drama*. The Father sits here and explains: I come at the confluence age of every cycle. I enter an ordinary body. This one didn't know his own births. I tell him about them. I enter him. I have named him Prajapita Brahma. I have to come into the impure world. This is this one's final birth. He has

completed his 84 births. This Brahma and Saraswati will become Lakshmi and Narayan. People don't know who Saraswati is. Saraswati should not be called a goddess. The name of the mouth-born daughter of Brahma is Jagadamba Saraswati. At the confluence age, she is called Jagadamba, Kamdhenu. This one (Brahma) is called Adi Dev, Mahavir. He is also called Dilwala. In fact, it is Shiv Baba who is Dilwala. He is the One who comes to win the children's hearts and give them self-sovereignty. Children say: Baba, make us constantly happy once again. So, Shiv Baba comes in the body of Brahma and wins your heart. He is teaching you. This is why the beautiful memorial of the Dilwala Temple has been created. That is a non-living temple. You made Bharat into heaven 5000 years ago and that temple is a memorial of this. You are once again doing *service* and those non-living temples will once again be demolished. The Father says: I enter an old impure body every cycle to purify you. No one is pure here. I am not going to enter the body of a sannyasi. That is hatha yoga, the renunciation of karma. That is a different religion. Now there are innumerable religions. However, the original eternal deity religion doesn't exist. Those of the deity religion call themselves Hindus. The deity religion has disappeared. Deities were completely pure. From the time they went onto the path of sin, they were no longer called deities. The deity religion had to disappear. It is only then that I first establish the *deity* religion. Those of Islam and the Buddhists come later. When was the Hindu religion established? The original and eternal ones are the deities. So, Innocent Lord Shiv Baba is explaining to you innocent daughters and filling your aprons and making you into the masters of heaven. He is a very innocent Businessman. When a person dies, all his old belongings are given to a Karnighor (Brahmin priest). The Father says: I take all your old rubbish and make you into the masters of heaven. You were residents of Shivalaya. Shiva established the golden age. It has now become a brothel. I am now making it into Shivalaya once again. I explain the secrets of the clans to you children. You have continued to take rebirth and the clans have continued to change. People speak of 8.4 million births. The Father complains: For yourselves you say that you take 8.4 million births, instead of 84 births, whereas for Me, you say that I am omnipresent and that I am everywhere, wherever you look. I am not omnipresent. At this time it is the 5 vices that are omnipresent. They didn't exist in the golden age. The deities used to exist there. They have now become devils. They are once again being made into deities from devils. Therefore, the Father explains: The Highest on High is God and then there is His creation, Brahma, Vishnu and Shankar. This is the corporeal world in which there is first the kingdom of deities, then the kingdom of warriors, then merchants and then the kingdom of shudras. Now there is *no* kingdom. This is the rule of the people over the people. There was the *righteous religion* in the golden age. They never caused one another sorrow. There is great praise of Bharat, but they have written wrong things in the scriptures and lost its praise. The yoga and knowledge of ancient Bharat are very well-known. Who taught it? Shrimat are the words of God. Krishna didn't speak them. The Father sits here and explains: I too have a *part* to come here. I do not enter birth and rebirth. I am the Ocean of Knowledge and the Ocean of Happiness. This is not the praise of anyone else. The praise of the deities is separate. Each *actor* has his own *part*. There is praise according to that *part*. You know that the Highest on High is *Incorporeal God*, the *Father*. A physical *father* would not be called *God, the Father*. He is a limited father whereas this One is the unlimited Father. Everyone calls out: Oh Supreme Father, Supreme Soul! They believe that when the Father comes, He will take them to the land of happiness. The Father says: I even uplift sinners as sinful as Ajamil and the sages too through you mothers. You are the Shiv Shaktis, the mothers of Bharat. You are doing everything with the power of yoga. Those kumaris and mothers learn *violent drill*. Here, this is the *drill* of the power of yoga. You are following shrimat. You remove your love from everyone in the old world and connect it to the one Father. Kauravas are those who have a non-loving intellect at the time of destruction whereas you Pandavas have a loving intellect at the time of destruction. You make Bharat into heaven. You promise the Father: Baba, I will remain pure and help You to make Bharat pure, because there is now to be defeat for the land of death and victory for the land of immortality. The Father is telling you the story of immortality. You are Parvatis, brides. You are claiming your inheritance from the Father. He says: Become beautiful, in the form of brides. You become emperors and empresses. The Father sits here and explains all of these secrets. The Father alone is the *Knowledge-full Creator and Director*. Brahma, Vishnu and Shankar are the creation and this is why it is said: Trimurti Shiva. Those people speak of

Trimurti Brahma. They forget Trimurti Shiva who creates all three. By forgetting Shiv Baba, they have become atheists. They say: *‘Oh God, the Father’*, but they don’t know His *occupation*. Maya makes everyone into atheists and I then come and make you into theists. Because of forgetting the Father, they continue to fight and quarrel amongst themselves. The Father explains: This Bharat was the master of the world. There were no *partitions*. You were the masters of the sky, the earth, the air, etc. Now, there are so many *partitions*. There is so much war over, “So and so should not cross this boundary.” Bharat was the master of the unlimited; it was like a diamond. It has now become the master of the limited, worth a shell. This is the *drama* and each soul has received his own *part*. Some have received a *part* of 84 births and others have received a *part* of 2 to 3 births. This is an *immortal drama* that continues to *repeat*. There is no land as pure as Bharat was. When a home becomes old, it is *repaired*. Bharat itself goes onto the path of sin and so there is the path of renunciation to support it a little. Even that has now become tamopradhan. All have become old and they will now become new again. There isn’t any pleasure in the old home. The Father says: I have to come to make you satopradhan. I Myself come and make Bharat liberated-in-life. I give all the rest of the souls liberation. The Father explains: Children, this is your final birth. You are now becoming the masters of heaven. It is such a great attainment. You become the masters of the pure world for 21 births. You were elevated souls, you were masters of heaven. Maya made you into sinful souls. Baba has come and is once again making you into charitable souls. He enables you to settle all your karmic accounts and will take you back home. Baba, the Innocent Lord, is also the *Liberator*. He says: I send you to the land of liberation-in-life. The Supreme Father, the Supreme Soul, is the sweetest of all. This is why everyone remembers Him. Baba, the Innocent Lord, makes Bharat into heaven through you mothers and the memorial of that is the Dilwala temple. You know the *occupation* of each one, how everyone has a *part* in the *drama* and how many rebirths each one takes. The Pandavas were incognito and the Yadavas and Kauravas were known. You are the *incognito, non-violent* Shiv Shakti Army and you are becoming the masters of the world for 21 births. Therefore, you definitely do have to make effort. You also have to follow shrimat at every step. As soon as you forget to have remembrance of Baba, the bomb of Maya falls on you. This is why you have to remember your Father and have the faith that you are a soul. Death is just ahead of you. The burden of sin is very heavy. For as long as you live, you have to make effort. Don’t remember anything else. You don’t have to come back to this land of death. The world is now changing. The Yadavas and Kauravas destroyed their own clan and the Pandavas claimed their kingdom. However, we Pandavas now belong to the Father. Rivers of blood will flow here. How else would the old world be destroyed? Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. While performing the *drill* of the power of yoga, become *non-violent* and instruments to benefit everyone.
2. Make a true bargain with Baba, the Innocent Lord. Give Him all your old rubbish and claim your fortune of the kingdom of heaven. Break your love away from the old world and connect it to the one Father.

Blessing: May you be an image of success and be loved by all with your special virtue of “You first”. The virtue of making one another move forward, that is, the virtue of “You first” makes you loved by everyone in the spiritual family and also in your interaction with everyone. This is also the main virtue of the Father. The Father says “Children, you first.” Therefore, *follow the Father* in this virtue. This is the way to attain success. Those who love the Father, the Brahmin family and world service are *ever-ready*.

Slogan: Make the treasures of knowledge your own on the basis of churning power and obstacles will bid you farewell.

*** OM SHANTI ***

Essence: Sweet children, you are rup and basant. You have to stay in remembrance of the Father and also sow seeds of the jewels of knowledge. You also have to decorate Bharat.

Question: Which finger do you children give to lift the iron-aged Goverdhan mountain?

Answer: That of purity. To make a promise for purity is like giving your finger. Because there hasn't been purity, look at the condition of Bharat. When there is purity, there is *peace, prosperity* and everything and this is why, according to shrimat, fire and cotton-wool have to remain together and stay pure (pure whilst living together in your household). You don't have to renounce your household.

Song: You are the fortune of tomorrow...

Om shanti. Mothers, all brides, heard this song. You children know that the fortune of Bharat has been crossed out. What has crossed out the fortune? Ravan, the 5 vices. You children are now once again creating the fortune of Bharat. You mothers are Shiv Shaktis. When the Ocean of Knowledge comes, He places the urn on you mothers. You children know that you are those who are creating the fortune of Bharat, that is, you are those who make Bharat into heaven. You are the Father's army. You are the beauty of the Father's house. When a couple don't have children, their home feels empty. This world too now feels empty. You children are now going to make it into heaven. The Father says: I am the Slave of you mothers because previously you mothers were slaves of your husbands. They say: The husband of a Hindu woman is her guru and her god. In fact, they have taken the aspect of this time onto the path of bhakti. At this time, you say to the Supreme Father, the Supreme Soul: You are the Mother and You are the Father. You alone are everything. However, Hindus have then said this of husbands. In fact, Shiv Baba is the Husband of all husbands. You become those who are never widowed and this Husband of yours is immortal. He is the Lord of Immortality. The Lord of Immortality is also making you into the masters of the land of immortality. You have to remember very much the Husband who teaches you and makes you into the masters of heaven. By forgetting such a Husband you will end up weeping. The Father says: Has your husband died that you are weeping? You should now remain constantly cheerful. The faces of deities are constantly cheerful. People become happy just seeing them. Where did deities receive that happiness from? The Father made them so happy and cheerful at the confluence age. You now have to make effort for only then will you become imperishable. The Father says: There is no question of weeping. You have found such a handsome Bridegroom through whom you become the emperors and empresses of heaven. You have to continue to follow shrimat at every step. Every *version* you hear is worth a hundred thousand rupees. When those scholars relate the Gita or Vedanta, they say that each of those *versions* is worth a hundred thousand rupees. However, it is not like that. Each of you is rup and basant. The soul is rup and the Father is also Rup and then He is also called the Ocean of Knowledge. He is the One who rains knowledge on you. It is not a question of physical water. These are called the jewels of knowledge. Each one of you has to sow the seeds of the jewels of knowledge. You should explain to people: You are a soul and this is your body. You speak of sinful souls and charitable souls. You don't say, Sinful Supreme Soul or Charitable Supreme Soul. This proves that God is not omnipresent. Maya makes you into sinful souls and the Father makes you into charitable souls. The world of charitable souls is called heaven and the world of sinful souls is called hell. Only the one Father, the Bestower of Salvation, is the One who purifies everyone. You children are the decoration of this unlimited home. You have to decorate Bharat. Paradise is called the *Wonder of the World*. People show 7 physical *wonders* of the world. Those are created by human beings. In fact, the *wonder of the world* is Paradise where all souls remain constantly happy. They say: So-and-so became a resident of heaven. However, until the Father comes, no one can go back there. You children now know that you are going to Paradise. You see those physical *wonders* with your eyes, but you are going to go to Paradise and experience limitless happiness there. There is no question of weeping there. The Father says: Why are you brides of the Supreme Father, the Supreme Soul, weeping? Perhaps you forget your Bridegroom? To forget your Bridegroom means to bid Him farewell. Constantly continue to remember Him and there won't be anything to weep about. However, when someone's relative dies, people weep. You are now taking leave whilst alive. You take leave from everyone. After weeping, you

then laugh for all time because you are going to Paradise. There is no need to weep here. Baba has told you: You have to eat halwa even if your mother dies. Which halwa? That of knowledge. Now, all are dead. Whom should you worry about and whom should you not worry about? All will die. There won't be anyone left to carry out the final ceremonies. When so many died in Japan, was there anyone left to carry out their burials etc? Even those who perform those ceremonies will die. That is a system of the path of devotion. Such things do not happen in the golden age. There is plenty of happiness there. The story of the king who conquered attachment refers to that place. You have been listening to that story for birth after birth. Now the Father says: Forget everything that you have heard. Now listen to everything from the Father. *Hear no evil, see no evil...* Those people have created a toy with the faces of monkeys depicting this. *Talk no evil, see no evil*, because at this time human beings are even worse than monkeys. Whatever people are told, they continue to say "It's true, it's true!" Baba says: Children, don't listen to defamatory things. I come at the confluence age of the cycle. The Father surely has to come for only then could He give *knowledge*. People say that the rishis and munis were trikaldarshi. Baba says: Absolutely not! Even Lakshmi and Narayan were not trikaldarshi. Only you Brahmins are trikaldarshi. This 84th birth is your final one. It isn't that these sanskars of knowledge will be with you in your next birth. No, they disappear. There, the kingdom is established and so there is no need for Raja Yoga. Therefore, just see what Baba says and what people say. There is the difference of day and night. People say that God is omnipresent whereas the Father says: No. People say that there are still 40,000 years of the iron age left, whereas the Father says: No. They have told so many lies and brought about extreme darkness. Now, the sweet Father says: Become very sweet. You children of God are in God's court. Your duty is to have yoga. When you go to the Goverdhan mountain, there is an image of a finger. The mountain is worshipped so much. When Bharat becomes the *golden age*, that mountain is not worshipped. Therefore, that finger is a symbol of you. To make a promise for purity is like giving your finger to *salvage* Bharat. When there is purity, there is also *peace* and *prosperity*. Look at the condition of Bharat when there is no purity. This requires effort. Sannyasis have been saying that fire and cotton-wool cannot live together. This is written in the scriptures. However, you can tell the sannyasis how you fire and cotton-wool live together and remain pure. Sannyasis do not receive shrimat. We are now following the Father's shrimat. Those people receive the directions of Shankaracharya whereas this is the directions of Shivacharya. You are the children of Shivacharya. No one knows this. They say that God is the Ocean of Knowledge and so He is the Teacher. That one is Shankaracharya. Sannyasis receive a *title* by studying many scriptures. It is never said: Krishna-acharya. They don't know about Shiva. They don't know the Father at all. No one, apart from the Father, can be called the Ocean of Knowledge. When you meet a sannyasi, tell him: You are on the path of isolation, a hatha yoga sannyasi. We are the Raja Yogis who belong to the family path. You cannot teach Raja Yoga. You are rajoguni because Shankacharya came in the copper age. Yours is hatha yoga, the renunciation of karma. In fact, there cannot be renunciation of karma. You children now receive completely different *directions*. People want to live in peace. Tell them: Achcha, *detach* yourself from your *organs*. By simply *detaching* yourself, there won't be benefit. First *detach* yourself and then remember Me for only then will your sins be absolved. Peace is the garland around your neck. The original religion of the soul is peace. We souls remain in *silence* in the incorporeal world. Then, in the subtle region, there is the *movie*. This physical world is the *talkie*. You children have had visions. Baba has seen a lot more. Mama didn't see anything. She never went into trance. She became very clever in knowledge. You shouldn't have the desire to go into trance. Look, Mama claimed a number so far in front even without visions. First it is Shri Lakshmi and then Shri Narayan. For this one it is written: Arjuna had a vision of destruction and establishment. Shiv Baba, the Charioteer, is sitting in this chariot and giving you *knowledge*. This chariot also receives *knowledge* from that One. This one himself used to study the Gita. He used to hold many spiritual gatherings. Now he is amazed at everything that is in the scriptures. The Father says: Forget everything you have studied. Don't listen to anything. Whilst seeing, do not see. We are now going to Baba's home, to our *sweet home*. Until the *Guide* and the *Liberator* comes, no one can go back. Only the one Father is the Guide and the Bestower of Liberation. He liberates you from sorrow and this is why He is

called the Bestower of Liberation and Salvation. He is the Seed of the human world tree, the *Supreme Soul*. The incorporeal world is the place where souls reside. It isn't that the brahm element is God and that souls merge into it. These are such *wonderful* matters. Your *part* of 84 births is imperishable. It can never be erased. The world is created eternally. The golden age is called the new world. The world is now old, but it isn't that the world is destroyed. The Father comes to make the impure world pure. The world always exists. It would definitely be just the deities who take 84 births and the others would take fewer births. Then, you can also calculate about the Christians. In fact, the population of the people of Bharat should be very big but, because they have been *converted* into other religions, it has become small. They have given themselves the name, Hindus. The Father says: I come when I have to establish the deity religion through Brahma and carry out destruction through Shankar. Then the one who establishes it will also sustain it. Those who helped Gandhiji and made so much effort are today very happy. Everyone there will be happy. However, there will be a difference in their status. Those who stay in remembrance of the Father and remember the inheritance will become part of the sun dynasty. Those who have less remembrance will become part of the moon dynasty. Otherwise, they will become subjects. Many maids and servants are also required. The Father has explained to you that anyone with the power of yoga can become a master of the world. You are the non-violent army who have the power of yoga. If Christians received this much power they could become the masters of the world. However, the *law* doesn't say this. There is the story of the monkeys. The butter of the kingdom of the world is shown in Krishna's mouth. So the kingdom of the world can only be claimed with the power of yoga. The Father says: I create heaven. This is the business of you children too. You children belong to the Father and help in establishment. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Always remain cheerful and happy. Never weep. Take leave from everyone whilst you are alive. Don't worry about anyone.
2. Remain stable in your original religion of peace. Go fast with knowledge and yoga. Don't desire to go into trance.

Blessing: May you be an instrument karanhar (the one who works) and carry out the biggest task easily by having the awareness of Karavanhar, the One who inspires you to do it. BapDada Himself becomes Karavanhar and inspires you instruments, you karanhar children, to carry out the task of establishment. In the word "Karankaravanhar" the Father and the children are *combined*. It is the children's hands and the Father's task. It is only you children who have received the *golden chance* of lending your hands. However, the experience you have is that the One who is inspiring you is working through you. He is making you move along having made you instruments. In every action, He is your Companion in the form of Karavanhar.

Slogan: A gyani soul is one who always remains happy (raji) instead of making requests (arji).

*** O M S H A N T I ***

Essence: Sweet children, in order to make progress, wake up in the early morning hours of nectar and remember the Father. Early morning is the best time to earn an income.

Question: What is the basis of remaining safe and sound all the time? What is the state in which you are safe and sound?

Answer: Baba's shrimat enables you to remain safe and sound. You will never experience any sorrow or problems. You children become so fortunate that you can never be hurt in any way and your body becomes free from disease. Continue to sing the praise of your fortune. Those who remember the Father whilst sitting and moving around are said to be the fortunate children who remain safe and sound.

Song: O traveller of the night, do not become weary! The destination of the dawn is not far off. Om shanti. You sweetest effort-making children must know the meaning of this song yourselves, numberwise, according to your efforts. Only those present on this pilgrimage can understand the accurate meaning of the song. This pilgrimage takes place at night, whereas physical pilgrimages take place during the day. When pilgrims go to Amarnath or Badrinath, they travel by day and sleep at night, whereas you children travel through the night. During the day you have to work for the livelihood of your body. You go to work and the mothers look after the home. The maximum progress can be made at night when everyone else is asleep. You can have a very good pilgrimage at that time. Even devotees stay in remembrance in the early morning hours of nectar. Children, if you want to make progress, Baba advises you: Become conquerors of sleep. I also told you this five thousand years ago. By all means go to bed early. There is a saying: "Early to bed, early to rise." This quality makes human beings great. You become so wealthy that you will never have to worry about money. You receive an inheritance for twenty-one births in the land of Shiva. Here, you have been making effort for birth after birth, whereas the reward of the effort of this time lasts for twenty-one births. It is a *wonder!* No one else could inspire you to make such effort. The imperishable Father inspires you to make imperishable effort. Here, what do people not do for money! A father would kill his children and children would kill their father. You now have to claim your imperishable inheritance from the eternal Father, and so you have to remember the eternal Father and the imperishable inheritance. There is no other difficulty; there are simply two words, which are called the great mantra. Simply by remembering these two words, you receive the tilak of sovereignty. There is power in this remembrance. It depends on how much remembrance you have and how much yoga and knowledge you have. There is no question of the knowledge of the scriptures here. If you tell people to remember just these two words, they would say that they don't have time. They cannot remember. They forget again and again and therefore they cannot make the pilgrimage of two words. You compose songs, poems and *dialogues* and then you remember them. In fact, there is no need for these here. Here, you have to remain silent. Can you not understand the Seed and the tree? By grasping the meaning of the Seed, the whole tree will be visible in front of you. There are four ages and four clans in this. It does not take time for one's intellect to imbibe all of this. You receive the kingdom of heaven within a *second* simply by staying in remembrance. Visions are granted within a *second*. At that moment it is as though you are in heaven, the land of Krishna. You only have to remember two things: Firstly, remember the Father. Secondly, this *knowledge* is so elevated that it enables you to become deities from human beings. Deities are pure. *Knowledge* is always studied in a state of celibacy. It is only after studying and they become ready to look after a home that they then get married. A *creator* (father) has to look after everyone at home, which is why he has to earn money. Therefore, this income is earned in state of celibacy. Nowadays, people have become greedy for wealth. They earn some income and then they go and do another *course*. Now Baba says: Children, this *course* is very easy. Simply follow shrimat, stay awake at night and *practise* this. It is very easy to have the pilgrimage of the intellect during the night and you will also receive a great deal of help. Two to three o'clock is called the early morning hours of nectar. Wake up early in the morning and spin the discus of self-realization. This is the task of the intellect. Baba's order is: Remember Me constantly and your sins will be absolved. Otherwise, how could I take you brides home? All of you brides are impure and your wings are broken. Now, simply have remembrance and you will become pure. Make

effort to wake up early in the morning. You might not be able to have remembrance throughout the day. It is easy to make this effort at night, and you will receive a great deal of help. The main thing is remembrance. You know that you are a soul, and that the Supreme Father, the Supreme Soul, is teaching you. You have to study with Him. He is your Father and so you have to belong to Him. You understand that you are the souls who have been separated from the Supreme Soul for a very long time and that you have now come and met Shiv Baba. Human souls come to meet the Father, and so the Supreme Soul also has to come in a human body. He is the *Supreme* Soul. The form of souls and that of the Supreme Soul is the same, both are like sparkling *stars*. The soul is filled with a *part* of eighty-four births. Baba says: I too am an *Actor* and I am also bound by the *drama*. The world doesn't know that I cannot come at any time other than at the confluence age of every cycle. Although many calamities come, Baba says: I only come when everyone becomes impure. I am the Creator of the new world and I come in the impure world. It is the soul that becomes impure first. The soul knows that he was first pure and that he has now become impure. Only you receive these teachings. The *students* who remain present in front of the *Teacher* are the ones who receive all the teachings. The very first teachings you receive are: Conquer the five vices; destroy your sins with the fire of yoga. It is poison (vice) that has buried you in the graveyard; it is called *poison*. You become pure with the nectar of knowledge. It is very easy to remember the Father and the inheritance. Some children say: Baba, I am not able to imbibe knowledge; I cannot explain like the senior sisters do. Baba says: Children, these are the karmic accounts of everyone. Some are not able to imbibe knowledge even after living here for twenty-five to thirty years. The Father of you souls is the Supreme Soul and He is the Creator of heaven. Baba has come to give you your inheritance of heaven, and so you have to remember the Father. Your children also have to be made clever. You children first have to have mercy for your children. You children understand that, at this time, you are sitting personally in front of the *most beloved*, Supreme Father, the Supreme Soul. We also claimed our unlimited inheritance of heaven from the incorporeal Father a cycle ago. Baba says: I have to take this body on *loan*. He is sitting in this rented body. Since He does not have a body of His own, He has to rent one. This is the chariot of which He becomes the Charioteer every cycle. You can see the Charioteer in this chariot. Previously, you did not understand anything from studying the Gita. They have shown Arjuna seated in a horse chariot. Your Father is the Charioteer. He says to the children: Remember Me, your Father, and keep a *chart*. Why do you not remember such a Bridegroom who gives you happiness for twenty-one births? However, this One is incognito. The Father now says: Have the faith that you are a soul and follow the Father's shrimat. However, it is in this that Maya harasses you a great deal. She is no less clever; she also conquers even the very good children. Baba makes you souls into the masters of heaven and Maya tries to reduce you to the birth of a cremator because you stop following shrimat. Here, you children understand that God is teaching you. You are *Godly students*. Even though you take up some other *courses*, you would still remember the *Teacher*. Baba says: By all means live at home with your family but, together with that, take this *course* that makes you ever happy. I give you such unlimited wealth that you will not have to experience sorrow for twenty-one births. No one in the entire world is as sensible as you. There is so much praise of the *Presidents* etc., but you are the *most wonderful*, great *incognito authority*. No one in this world can be so *full of knowledge* as you. You children now understand that, by making Bharat into heaven, you are becoming the masters of heaven for twenty-one births. Jagadamba's attainment is so great. She also gives this great mantra to remember Shiv Baba. Baba sits here and personally says: Beloved children, remember Me. Do not forget this pilgrimage. Do not *waste time*. This is a huge income. Your intellect's yoga should remain there. We are personally in front of Shiv Baba. We have come to the Father's home. You are now sitting at Haridwar (God's doorway). Hari (God) Himself, the Supreme Soul, is sitting here. There (at Haridwar), there is water. This is the true doorway to God. Har Har (Remover) means the One who removes sorrow. That Remover of Sorrow and Bestower of Happiness is sitting here in front of you. Devotees go and sit on the banks of the River Ganges. They believe that they should remain on the banks of the Ganges and also have the water of the Ganges in their mouth. When someone is dying, they give him the water of the Ganges to drink. Now, the water of the Ganges is not the Purifier. Shiv Baba alone is the

Purifier. Everyone has to remember Shiv Baba so that their final thoughts will lead them to their destination. It is not that, at the end, someone will sit and say: "Remember Shiv Baba!" At the end, you have to remember Shiv Baba by yourself whilst leaving the body. We now have to return to Shiv Baba in the land of liberation. The golden age is called the land of liberation-in-life. Dham (land) means a place of residence. Incorporeal souls reside in the land of liberation, in the element of light. You are sitting in the home of Hari (God). There is only One who is the Remover of Sorrow. You children now remember Shiv Baba and His *sweet home*. Baba has come to take you back to His home. You now have to remember Shiv Baba's *sweet home*. No one here is *sweet*. The Father now tells you children: If you want to claim the unlimited kingdom, stay awake throughout the night and go on a pilgrimage. I only come in the depths of the darkness of the night when the night of Brahma is about to end and the day has to begin. I come at the confluence of the unlimited night and the unlimited day. Therefore, you too should conquer sleep and practise staying in remembrance throughout the night. Between two and three o'clock in the morning is known as the auspicious time of Brahma. The Father gives this teaching through Brahma: Stay awake throughout the night and remember Me, and you will become strong. Although Maya will harass you a great deal, you must still continue to make effort. All the effort in this has to be made by the intellect. Whilst sitting, walking and moving around, stay in remembrance. Baba says: Don't become weary, o traveller of the night! You will experience great pleasure at night and that intoxication will also continue throughout the day. Firstly, remember the Father and secondly praise your own fortune. The fortune of everyone else is broken. Your fortune is now being awakened, whereas everyone else's is asleep. Consider the fortune of those whose intellect's yoga is engaged in earning money, to be asleep, whereas your true fortune is being awakened. The stomach doesn't need a great deal to eat. What do aborigines eat? They eat chillies and chapattis made of ground maize and chick peas. Here you receive everything. You have to remain ordinary, neither too rich, nor too poor. The Father now says: Beloved children, remember Me. My jewels of light, I sit you on My eyelids and take you back. The children who are the lamps of one's hopes are always loved a great deal. By following shrimat, you will always remain safe and sound. The meaning of being safe and sound is very deep. You will never be hurt or experience any difficulty. I make you safe and sound to the extent that your body will remain free from disease, and death will have no power over you. If you remember Me very well, you will receive help. Those who made this effort in the previous cycle and created their reward are now watching this happen as observers. This one *insures* himself. Even on the path of devotion, Baba is the *Insurance Magnate*. People take out a policy in God's name. They give incognito donations to the poor. When a wedding is arranged, they give in an incognito way. The fruit received from making an incognito donation is also incognito. By making a *show* of it, the power they receive is halved. The Father is called the *Magnate*. You insure with Him. To the extent you insure yourself, accordingly you receive the fruit. If you commit sin, you also receive punishment accordingly. You receive a good reward for charity. Those people are limited *philanthropists*. They set aside eight annas or four annas from their income. You now have to become *complete philanthropists*. *Insure* yourself *fully*. Just see, Mama only *insured* her body and mind. Kumaris do not have money, and so they do not have to think about this, because they serve with their mind and body. This is why the kumaris are loved so much. It is the kumaris who become *number one*. Baba was a half-kumar. Yes, there are also some kumars who emerge. If they marry and show that they can remain pure, they would have such good fortune. They should also be fully *surrendered*. They too can claim a very good status. Baba explains: The account of the suffering of karma also has to be settled here. Mama and Baba also have to endure the suffering of their karma. Any account remaining will also emerge here. It is not that, "Since I have become God's, why does He not protect me?" No. You definitely have to settle the suffering of your karma here. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Go on a true pilgrimage with your intellect's yoga. Do not lose your fortune chasing after perishable wealth. Earn a true income.
2. Become complete *philanthropists* through your mind, body and wealth. *Insure* everything you have for twenty-one births.

Blessing:

May you be a *double-light* angel and remain a *trustee* by giving the burden of every deed to the Father.

BapDada always helps the children who remain courageous. As soon as you children have an elevated thought, the Father becomes present. Simply leave everything to the Father and then it is up to Baba. He knows what He has to do. Don't take the burden of responsibility upon yourself, but simply remain a *trustee* and you will always be light and continue to fly as a *double-light* angel. When your heart is clean, all your desires are fulfilled.

Slogan:

When you have wings of zeal and enthusiasm, you continue to fly in the flying stage.

*** O M S H A N T I ***

Only those who are swadarshan-dhari (those who have self-realisation, who have a vision of the self) are divya darshaniya murat (images of divinity who grant a divine vision).

Today, BapDada is seeing His world-famous children who have self-realisation and are embodiments of the power to give a divine vision. Only those who have self-realisation can give a divine vision to the world. If you do not have self-realisation, you cannot be an image who grants a vision of divinity. At every step and in every thought, it is only through self-realisation that you can grant a vision of divinity. If there is no self-realisation, there is no vision of divinity. Those who remain stable in the stage of self-realisation will *naturally* be experienced by all souls to be those who are images of divinity through their divine thoughts, divine vision, divine words and divine deeds. Ordinariness won't be visible, divinity would be visible. So, at the present time, Brahmin souls have to experience divinity. You will become deities in the future. You now have to become the form of divinity. The form of divinity is the form of a deity. An angel means the form of divinity. The power of divinity ends ordinariness. The more power of divinity you put into every action, the more the words will automatically emerge in everyone's mind and from their lips that you are an image who grants a vision of divinity. Only when you yourselves, the images who grant a vision of divinity, are revealed to the devotees who hope to have a vision, will all souls be happy on receiving a vision. And, because of that happiness, they will shower you souls who grant a vision of divinity with flowers of happiness. From each soul, the sounds of happiness will emerge: "I have had for birth after birth a desire and thirst for attaining liberation or for receiving a second's glimpse. Today, that thought of attaining liberation and eternal liberation was fulfilled. And, instead of just having a vision, we actually found the images who grant the vision of divinity themselves. We have found our specially beloved deities." With the happiness and intoxication of this short time of attainment, they will forget their sorrow and pain of many births. This powerful stage of just a short time will even liberate souls from some of their sins as a result of their bhavna according to their capacity. Therefore, souls will experience themselves to be light according to their capacity. This is why they definitely speak the words: Remove our sins, o deity! Or: Goddess, Shakti, Jagad Ma destroy our sins! When people go to a goddess or deity, they have the bhavna and faith that they (goddesses and deities) will definitely destroy their sins. Now, at the end, as well as deities, gurus too give this *temptation*: I will destroy your sins. Devotees also adopt gurus with this trust in them. However, this system has continued as a memorial of you souls who are living images that grant a vision of divinity in a practical way. This divine scene will now come in front of the world very soon. Now look at yourself and check: Have I become an image who grants a vision of divinity, worthy of giving a vision, and am I fully decorated with all decorations? Am I stable in the stage of a redeemer of sins, like the Father? You can become a redeemer of sins, or a remover of sins when you become one who has an intense (volcanic) form of remembrance. Have you become this? The curtains are opened to give a vision, and as soon as the curtains are opened, you have a vision. Have you become such a complete embodiment of a vision that when the curtain of time opens, you images who grant a vision of divinity, will become *practically* revealed? Or, are the images who grant a vision still being decorated fully? A darshan (vision) is always of a complete form. So, are you ready to this extent, or do you still have to become ready? Or, do you think that you will become ready when the time comes? Will those who are to become ready on time be busy making their own preparations or will they become the images who grant visions? They will remain just for themselves and not for the world. They would be self-benefactors and others would be world benefactors. The *title* you have at the end is "world benefactor" not just "self-benefactor". Only those who are self-benefactors and also world benefactors, those who carry out a *double* task, will become *double-crowned*. Those who are just self-benefactors cannot be *double* crowned. They can become part of the kingdom, but they won't have a right to the kingdom. So, now, according to the time, is the speed of your efforts intense? Now increase the power of remembrance at an intense speed. At the moment, you are in an ordinary form, and this is why you could be deceived at any time by the adverse situations. If you stay in the bhatthi of powerful remembrance, you remain *safe*. Go even beyond the complications of service. When there is "why? what? I, you, mine, yours etc." in service, then there are complications in service. So

now go even beyond these complications. Don't forget your self-respect because of service. Any service that doesn't allow you to have powerful remembrance will bring less success and great distress to yourself and others. Don't do service for name, but do service that is useful. This is called powerful service (filled with power). So such delicate times are to come in which the only means of *safety* will be the power of remembrance. Similarly, the weapon of the power of remembrance is the means of *safety* everywhere around you. Therefore, now constantly create an attitude and atmosphere of being an embodiment of the power of remembrance in yourself, in the service places, your households and also amongst the students at all the *centres*. The stage of ordinary remembrance can no longer become a means of *safety*.

Defeat and attack. Any type of defeat by Maya or attack from anyone or the atmosphere will deceive those who have ordinary remembrance. This is why BapDada is giving all the children a signal in advance: Create an atmosphere of powerful remembrance through which you yourselves will remain *safe*, Brahmin souls will receive co-operation and all the souls without knowledge will receive the co-operation of your peace and power. Do you understand? Achcha.

To all those who have self-realisation, and who are images who grant a vision of divinity to the world; to the images of divinity, those who fulfil the bhavna of all; to those who become a master redeemer of sins for all and remove their sins; to the elevated souls who are bestowers of peace and power, BapDada's love and remembrance filled with power and namaste.

Avyakt BapDada meeting Teachers:

All *teachers* are already embodiments of a powerful volcanic form. You are those who remove the weaknesses of many souls with your powerful volcanic form. *Teachers* means those who remain in the *combined* form of Shiv-Shakti. Shaktis cannot exist without Shiva, and Shiva cannot exist without Shaktis. At every *second* and in every breath, the Father and you are *combined*. So, you are the instrument souls who are embodiments of the Shiv-Shakti form, are you not? At no moment should you have ordinary remembrance because you are on the *stage*, are you not? When you are on the *stage*, how do you sit all the time? How do you carry out your tasks? You do it with *alertness*, do you not? You would not carry out ordinary *activity*. You would perform every task whilst constantly *alert*. The centre is a *stage*, it is not a home, it is a *stage*. Whilst on the *stage*, you always pay *attention* and when you are at home, you become careless. So, the centre is a *stage* for service. Therefore, always be a powerful, volcanic form, the Shakti form. Be loving too, but not just loving by itself. Together with love, also be the form of a Shakti. If you just have the loving form and not the form of a Shakti, you can be deceived at any time. Therefore, be loving *combined* with the form of a Shakti. Let there be the *balance* of the two. This is called being a *number one* worthy *teacher*. So those who always have this awareness are always victorious. There isn't the question: Will I be victorious or not? You are. Such souls gain victory as a birthright. You don't have to make effort to gain victory, but victory itself becomes a garland and is put around your neck. This is called being a victorious jewel. So, all of you become such victorious jewels and continue to move forward and also make others move forward. All of you are content and happy, are you not? Content with service, content with the self, and also content with the family that is going to come. To have all three types of contentment is known as being a contented soul. A *teacher* means one who becomes a *master* bestower and gives co-operation. To become a *teacher* is a *golden chance* in the *drama*. Constantly keep this *golden chance* and continue to fly and make others fly.

Meeting groups:

All of you are carefree emperors, are you not? You are emperors now and will be emperors for many births. Those who don't become carefree emperors now will not become emperors in the future either. The sovereignty of this time will enable you to claim a right to sovereignty for many births. Do you have any worries? Whilst moving along, if any *circumstances* arise or any test *papers* come, you don't become

worried, do you? Since you have handed over everything to the Father, what is there to worry about? When there is the consciousness of “mine” there can be worry. Since you have handed everything over to the Father then the Father knows and His task knows. You yourselves are carefree emperors. Continue to stay in the pleasure of remembrance and continue to serve. There is pleasure in doing service whilst staying in remembrance. Continue to enjoy the pleasures of the age of pleasure. Even in the golden age you won't have this pleasure. This is Godly pleasure and that will be the pleasure of deities. The time for Godly pleasure is now. Therefore, enjoy yourselves; don't be confused. Where there is confusion, there is no pleasure. Don't be confused in any respect. “What will happen? How will it happen? This will not happen, will it?” This is confusion. Whatever happens is good and benevolent. Therefore, enjoy yourself. Always remember your *title* “I am a carefree emperor” and the speed of your efforts will become intense. Celebrate and enjoy yourselves. Don't think about anything. The Father is sitting here to think about it. You become free from any thoughts.

BapDada recorded love and remembrances for Australia and London residents on a cassette:

BapDada is giving multimillionfold love and remembrance to all the multimillion-times fortunate souls, all of those who have made special *plans* for service and put them into a *practical* form. Each of those special *plans* of the children were filled with speciality and success is merged wherever there is speciality. Children who become special souls and have the zeal and enthusiasm to do a special task become worthy to receive lots and lots of love and remembrance. Today, too, there are such special children in front of BapDada in the corporeal form, and, seeing the form of the speciality of each child, BapDada is congratulating them and together with that also giving them the special blessing of constantly maintaining stable zeal and enthusiasm. Your thoughts, your letters, the things that you think about when you have a heart-to-heart conversation and whatever you say, all of that reaches the Father. BapDada always gives a *return* to such children and even now, in *return*, together with congratulations, is also giving a special blessing, “May you remain immortal.” Service is increasing very well. This proves that the servers are also progressing in their stage. Everyone has the very good thought in their heart of bringing about revelation, and the flag of revelation will definitely be hoisted very soon. All of you should accept love and remembrance personally by your name and your speciality. Child Janak is also reaching Australia. She already is an intoxicated yogi but, today, Baba told you the speciality of a flying yogi. Children who are the forms of such speciality are always with the Father. They constantly stay in the sustenance of the Father and continue to give others the experience of the Father's sustenance. Nirmal Ashram (Dr. Nirmala) is also moving forward with a lot of courage and enthusiasm and has always been victorious with the speciality of coolness and is an immortal, victorious jewel. Achcha. Just as everyone is moving forward in service with a lot of zeal and enthusiasm, the fragrance of that zeal and enthusiasm is reaching BapDada, and BapDada always welcomes such serviceable souls with garlands of success. And, just as you are making *plans* with a lot of enthusiasm especially to spread the sound, so you will continue to attain success in them. Achcha. Each one of you should please accept love and remembrance personally by name.

Blessing: May you be a *master* satguru and enable every soul to receive a right to liberation and liberation-in-life in a *second*.

Until now, you have been playing the *part* of *master* bestowers and master teachers, but now you have to become the children of the Satguru and play the *part* of being bestowers of liberation and salvation. *Master* satgurus means those who fully *follow*, those who totally act upon the words of the Satguru. Only those who are such *master* satgurus can do the service of taking souls beyond with a glance, that is, of enabling souls to receive a right to liberation and liberation-in-life.

Slogan: Be obedient and you will continue to receive blessings from the heart of BapDada.

*** O M S H A N T I ***